

# Abigail Anderson

600 Oak Street Apt 12, San Francisco CA 94117 • (619) 312-7694 • acanders111@gmail.com

## Education

University of Utah	[Fall 2018 - present]
<i>Ph.D. Candidate</i>	
University of Southern California	[Fall 2014 -Spring 2016]
<i>Masters of Social Work</i>	
University of San Francisco	[Fall 2009 - Spring 2013]
<i>Bachelor of Arts: Psychology, Minor: Child and Youth Studies</i>	

## License

Licensed Clinical Social Worker (LCSW)	[November 2018 - present]
[License number: 10086824-3501]	
Licensed Clinical Social Worker (LCSW)	[March 2023 - present]
[License number: [LCSW113960]]	

## Current Work Experience

Private Practice Owner and Therapist [December 2018- Current]

- ⦿ Provide therapeutic interventions services to children, adolescents, and adults using individual and family therapy; group therapy; crisis intervention; and assessment tools in private and out-patient settings.
- ⦿ Provide affirmative therapy for LGBTQ children and adults; writing letters for medical gender reaffirming produces and continued care through gender transition.
- ⦿ Complete intake assessment process; maintain electronic files and documentation in compliance with corporate, state, and federal standards; provide continuous treatment planning and reviewing of progress to ensure quality and effective treatment.
- ⦿ Create and employ marketing strategies to advertise and produce referrals
- ⦿ Provide clinical and administrative training, skills, and supervision to new clinicians working for my company.

## Teaching Experience

University of Utah, School of Social Work [August 2019, Present]

- Co-taught Practice I (in person) [Fall 2019]
- Solo Taught Practice II (in person) [Spring 2020]
- Solo taught, DSM, and bridge Practice (zoom) [Summer 2020]
- Solo taught Practice I (online) [Fall 2021]

Teaching Assistant and Tutor [August 2010 - December 2011]  
University of San Francisco, Department of Psychology

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- ⊖ Served as a teaching assistant and tutor for 10 sections of psychology courses including Child Development, Advanced Research Methods; Sensation and Perception; Psychological Statistics

## Employment History

4 Healing Center

[June 2020 – June 2021]

- ⊖ Conducted bio/psych/social assessments, diagnosis, and development of treatment plan for children and adolescents
- ⊖ Implemented evidence-based, culturally sensitive interventions with children, such as play therapy, sand tray therapy, CBT, MI,
- ⊖ Conducted weekly individual, family and group psychotherapy
- ⊖ Managed crisis situations with clients, safety planning, and management of risk procedures

Valley Behavioral Health

[October 2016-March 2020]

Contracted LCSW Therapist

- ⊖ Conducted bio/psych/social assessments, diagnosis, and development of treatment plan for children and adolescents
- ⊖ Implemented evidence-based, culturally sensitive interventions with children, such as play therapy, sand tray therapy, CBT, MI,
- ⊖ Conducted weekly individual, family, and group psychotherapy
- ⊖ Commenced and maintained the first LGBTQ teenage support group at Valley Behavioral health
- ⊖ Led a staff training on Diversity and treating LGBTQ Youth with Valley Clinicians and staff
- ⊖ Collaborated with school staff (teachers, IEP education and resource specialists) and other members on client's treatment team
- ⊖ Participated in interdisciplinary teams, supervisory team meetings, individual and group supervision
- ⊖ Completed Medicaid compliant documentation

Children and Family Futures

[August 2015 – May 2016]

*MSW Intern*

- ⊖ Collaborate with staff to develop empirically based resources for child welfare agencies, substance abuse treatment providers, and Family Drug Courts to inform best practices
- ⊖ Conduct literature reviews and provide synopses of key findings to meet the needs of clients on topics such as drug testing, neonatal abstinence syndrome, medication assisted treatment, infant massage, dual-jacketed youth, and kinship care
- ⊖ Conduct qualitative analyses to identify themes within program evaluation data and create a standardized tool to measure on-site training effectiveness and customer satisfaction

Western Youth Services

[August 2014 – May 2015]

*MSW Intern*

- ⊖ Conducted assessment, diagnosis, and development of treatment plan for clients
- ⊖ Implemented evidence-based, culturally-sensitive interventions with children, such as play therapy and sand tray therapy
- ⊖ Conducted weekly individual, family and group psychotherapy
- ⊖ Collaborated with school staff (teachers, IEP education and resource specialists) and other members on client's treatment team
- ⊖ Participated in supervisory team meetings, individual and group supervision
- ⊖ Completed Medi-Cal compliant documentation

Safe Harbor Treatment Center for Women

[July 2012 - December 2012; June 2013 – August 2015]

*Resident Manager of Drug and Alcohol Rehabilitation Center*

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- ⊖ Dispense medication, perform drug tests of clients and facilitate group meetings
- ⊖ Monitor progress of clients and report to case managers
- ⊖ Supervise meal time with clients with eating disorders as well as monitor client's exercise and bathroom time
- ⊖ Counsel and assist clients with personal adjustments during the rehabilitation process
- ⊖ Collaborated with psychiatrist, therapist, case manager and family to promote client's progress

## Research Experience

University of Utah [May 2018-August 2021]

*Research Assistant*

- Conducted Secondary analysis on LGBT youth risk for suicide
- Data entry and Data Cleaning
- Completed research studies and submitted for publication

USC Independent Directed Research [January 2015 - May 2016]

*Research Associate*

- ⊖ Initiated a new research study to evaluate the impact of the arts on youth's academic achievement and empowerment through the Orange County Therapeutic Art Center
- ⊖ Utilized both qualitative and quantitative methods through focus groups, instructor interviews, and the developmental assets instrument
- ⊖ Writing both the technical report and article to submit for publication in peer-reviewed journals

Foster Care Reach Group, USF [May 2010 - August 2011]

*Research Assistant*

- ⊖ Initiated a new research project on Fostering Transitions Cards Curriculum; Developed and managed responses for an online questionnaire for individuals using Cards Curriculum with foster youth
- ⊖ Conducted face-to-face interviews with individuals in the Foster Art and Fostering Transitions program and inputted data into database and assisted in analyses
- ⊖ Attended the Western Psychological Association conference and assisted lead researchers in poster presentations
- ⊖ Facilitated a Poster Presentation of Fostering Transitions at USF Psi Chi Research event

Personality Development Lab, USF [January 2011- August 2011]

*Research Assistant*

- Coded video data of classic child development measures, such as delay of gratification and three mountains
- Entered and managed data in SPSS to run statistics on the data collected
- Assisted in writing manuscripts and publications

## AWARDS/HONORS

University of San Francisco's Dean's List Fall 2009- Spring 2011, Spring 2013

Elsbeth Nagel Scholarship 2010-2011

USF Cum Laude 2013

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USC dean's honors

Fall 2014-Spring 2016

## **AFFILIATIONS**

AFCC Association of Family and Conciliation Court	2021-present
LGBTQ Affirmative Therapist	2016-Present
Phi Alpha Honor Society (USC)	2014-Present
Member of Psi Chi (USF)	2010-Present
Alpha Sigma Nu (USF)	2011- Present
Davis Scholar (USF)	2011-2013
Psychology Honors Thesis (USF)	2011

## **TRAINING**

Motivational Interviewing  
Solution Based Therapy  
LGBT training (asexual, suicidality among youth, best practices)  
CALM training  
Suicide Prevention and Intervention Training  
Writing Clinical Letters of Referrals for Gender Reaffirming Surgery  
AFCC Association of Family and conciliation Court