

# Carson M. De Fries, MSW

PhD Candidate | Graduate School of Social Work  
Research Associate | Knoebel Institute for Healthy Aging  
University of Denver  
[www.researchgate.net/profile/Carson-De-Fries](http://www.researchgate.net/profile/Carson-De-Fries)  
[Carson.DeFries@du.edu](mailto:Carson.DeFries@du.edu)

## Research Interests

Gerontology, Intergenerational Relationships, Social Isolation and Loneliness, Minority Aging Issues, and End-of-Life Care

## Teaching Interests

Gerontology, Social Work Theory, Research Methods, Macro Social Work, and Intergenerational Justice

## Education

<b>PhD in Social Work</b>	2020 – 2025 (Expected)
University of Denver	Denver, CO
<i>Dissertation Title: Understanding Intergenerational Relationships: An Egocentric Social Network Analysis of Older Adults</i>	
<i>Dissertation Chair: Dr. Kaipeng Wang, PhD, MSW, MAS</i>	
<i>Dissertation Committee: Dr. Anamika Barman-Adhikari, Dr. Eric Chess, Dr. Leslie Hasche</i>	
<b>Master of Social Work</b>	2016 – 2018
University of Denver	Denver, CO
<i>Concentration: Aging Services and Policy</i>	
<b>Bachelor of Arts in Psychology, Minor in Music</b>	2010 – 2014
University of Kansas	Lawrence, KS

## Post-MSW Professional Experience

<b>The Paul Freeman Financial Security Program</b>	Denver, CO
<i>Research Associate</i>	2024 – Present
<i>Program Evaluator</i>	2020 – 2024
Led multiple community-engaged projects to evaluate services and interventions developed for older adults. Also directed a project to develop a scale that measures financial vulnerability among older adults.	
<b>Knoebel Institute for Healthy Aging</b>	Denver, CO
<i>100% FTE Intergenerational Program Coordinator</i>	2018 – 2020
Conducted program evaluations for 17 community-based intergenerational programs	

## Pre-MSW Professional Experience

<b>Bert Nash Community Mental Health Center</b>	Lawrence, KS
<i>Child and Family Services Client Care Coordinator</i>	2014 – 2016
Carried out administrative duties including scheduling and payment processing	

## Peer-Reviewed Publications

---

- Steward, A., **De Fries, C.M.**, Dunbar, A. Z., Trujillo, M., Zhu, Y., & Hasche, L. (2024). A phenomenological understanding of the intersectionality of ageism and racism among older adults: Interpersonal experiences. *Journal of Social Work*. <https://doi.org/10.1177/14680173241253495>
- Steward, A., Zhu, Y., **De Fries, C. M.**, Dunbar, A. Z., Trujillo, M., & Hasche, L. (2023). A phenomenological, intersectional understanding of coping with ageism and racism among older adults. *Journal of Aging Studies*, 67. <https://doi.org/10.1016/j.jaging.2023.101186>
- Melton, C.C., **De Fries, C. M.**, Smith, R. M., & Mason, L. R. (2023). Wildfires and older adults: A scoping review of impacts, risks, and interventions. *International Journal of Environmental Research and Public Health*, 20(13). <https://doi.org/10.3390/ijerph20136252>
- Steward, A., **De Fries, C.M.**, Dunbar, A. Z., Trujillo, M., Zhu, Y., Nicotera, N., & Hasche, L. (2023). A phenomenological understanding of the intersectionality of ageism and racism among older adults: Individual-level experiences. *Journals of Gerontology, Series B: Social Sciences*, 78(5). <https://doi.org/10.1093/geronb/gbad031>
- Luo, Y., Chen, Y., Wang, K., **De Fries, C.M.**, Huang, Z., Xu, H., Yang, Z., Hu, Y., & Xu, B. (2023). Associations between multimorbidity and frailty transitions among older Americans. *Journal of Cachexia, Sarcopenia, and Muscle*, 14(2), 1075-1082. <https://doi-org.du.idm.oclc.org/10.1002/jcsm.13197>
- Wang, K., Zhang, A., **De Fries, C. M.**, & Hasche, L. K. (2022). Education moderates the association between depressive symptoms and self-rated health among older adults with cancer. *Health & Social Work* 41(1), 11-20. <https://doi.org/10.1093/hsw/hlac031>
- Jarrott, S., Leedahl, S., Shovali, T., **De Fries, C. M.**, DelPo, A., Estus, E, Ganji, C., Hasche, L., Juris, J., MacInness, R., Schilz, M., Scrivano, R., Steward, A., Taylor, C., & Walker, A. (2022). Intergenerational programming during the pandemic: Transformation during (constantly) changing times. *Journal of Social Issues*, 78(4), 1038-1065. <http://doi.org/10.1111/josi.12530> (A journal top 10 cited paper in 2022-2023)
- Luo, Y., Zhang, Q., Han, L., Shen, Z., Chen, Y., Wang, K., Huang, Z., **De Fries C. M.**, Cao, G., Su, H., Xu, H., Chen, Z., Ren, Z., Hu, Y., & Xu, B. (2022). Trends in the prevalence of vision impairment among the oldest-old Chinese population from 1998-2018. *Journal of Global Health*, 12. <https://doi.org/10.7189/jogh.12.11006>
- Gao, X., Wang, K., Sun, F., **De Fries, C. M.**, Xu, F., Huang, P., & Feng, Y. (2022). Associates of perceived quality of life in Chinese older adults living with cognitive impairment. *International Journal of Gerontological Social Work*, 66(3), 368-380. <https://doi.org/10.1080/01634372.2022.2103865>
- Cao, G., Chen, Z., Yao, S., Wang, K., Huang, Z., Su, H., Luo, Y., **De Fries, C.M.**, Hu, Y., & Wu, B. (2022). The association between vision impairment and cognitive outcomes in older adults: A systematic review and meta-analysis. *Aging and Mental Health*, 27(2), 350-356. <https://doi.org/10.1080/13607863.2022.2077303>

- Wang, K., Maglalang, D. D., Woo, B., **De Fries, C. M.**, Hasche, L. K., & Falcón, L. M. (2022). Perceived discrimination and cognitive function among older Puerto Ricans in Boston: The mediating role of depression. *International Journal of Geriatric Psychiatry*, 37(5). <https://doi.org/10.1002/gps.5717>
- Schilz, M., Steward, A., Wang, K., Ingle, I., **De Fries, C.M.**, & Hasche, L. (2022). The association between social network and fear of COVID-19 among older adults. *Journal of Gerontological Social Work*, 65(8), 822-831. <https://doi.org/10.1080/01634372.2022.2045661>
- Huang, Z., Luo, Y., Han, L., Wang, K., Yao, S., Su, H., Chen, S., Cao, G., **De Fries, C.M.**, Chen, Z., Xu, H., Hu, Y., & Xu, B. (2022). Patterns of cardiometabolic multimorbidity and the risk of depressive symptoms in a longitudinal cohort of middle-aged and older Chinese. *Journal of Affective Disorders*, 301 1-7. <https://doi.org/10.1016/j.jad.2022.01.030>
- Wang, K., Sun, F., Liu, Y., & **De Fries, C. M.** (2021). Family conflict, acculturation, and older Chinese Americans' self-efficacy in end-of-life care planning. *Journal of the Society for Social Work and Research*. <https://doi.org/10.1086/718633>
- Wang, K., Zhang, A., Cuevas, A. G., **De Fries, C. M.**, Hinton, L., & Falcón, L. M. (2021) The association between post-traumatic stress and depressive symptoms among older Puerto Ricans in Boston: How does loneliness matter? *Journal of Aging and Health*, 34(6-8), 786-793. <https://doi.org/10.1177/08982643211064123>
- Wang, K., Gao, X., Sun, F., **De Fries, C. M.**, & Levkoff, S. E. (2021). Evaluation of the reliability and validity of the Alzheimer's Disease-related Quality of Life instrument among older adults with cognitive impairment in Mainland China. *Journal of Gerontological Social Work* 65(6), 649-663. <https://doi.org/10.1080/01634372.2021.2010856>
- Steward, A., Hasche, L., Greenfield, J., Ingle, M. P., **De Fries, C. M.**, Fix, R., King, J., Hennig, M., & Bonatus, D. (2021). A review of participant, agency, and community outcomes of non-familial intergenerational programs. *Journal of Social Work*, 23(1), 122-142. <https://doi.org/10.1177%2F14680173211057436>
- Wang, K., Gao, X., Sun, F., & **De Fries, C. M.** (2021). The association between coping strategies and caregiver burden and depression among caregivers of older adults with cognitive impairment in China. *Journal of the Society for Social Work and Research*, 14(3), 703-720. <https://doi.org/10.1086/717758>
- Wang, K., Sun, F., Liu, Y., Kong, D., & **De Fries, C. M.** (2021). Attitude toward family involvement in end-of-life care among older Chinese Americans: How do family relationships matter? *Journal of Applied Gerontology*, 41(2), 380-390. <https://doi.org/10.1177/0733464821996865>
- King McLaughlin, J., Greenfield, J. C., Hasche, L., & **De Fries, C.** (2019). Young adult caregiver strain and benefits. *Social Work Research*, 43(4), 269-278. <https://doi.org/10.1093/swr/svz019>

## Invited Book Reviews

- De Fries, C. M.** (2022). Critical gerontology for social workers book review. *Journal of Gerontological Social Work*. <https://doi.org/10.1080/01634372.2022.2122099>

## Peer-Reviewed Publications Under Review

---

**De Fries, C.M.,** Wang, K., & Hasche, L. (Revise and Resubmit). Social capital as a bridge to services for community-dwelling older adults: A scoping review. *Journal of Gerontological Social Work*.

**De Fries, C. M.,** Hasche, L.K., & Cohen, R.B. (Revise and Resubmit). LinkAGES Colorado: Implementing intergenerational programs to improve connections across generations. *Journal of Community Practice*.

**De Fries, C. M.,** To, M., Zhang, P., Ea. E., Sun, F., Wu, B., Levkoff, S., & Wang, K. (Under review). End-of-life care planning among older Vietnamese and Filipino Americans: A qualitative analysis. *Journal of Gerontological Social Work*.

**De Fries, C. M.,** Kohlbrenner, B., Talamantes, M., Hasche, L.K., & Wang, K. (Under review). The Virtual Dementia Tour: Experiential learning for MSW students. *Journal of Social Work Education*.

Steward, A., Zhu, Y., **De Fries, C. M.,** Dunbar, A. Z., & Trujillo, M. (Under review). A phenomenological exploration of ways older adults find support in response to ageism and racism. *Journal of Gerontological Social Work*.

## Peer-Reviewed Conference Presentations

---

**De Fries, C.M.,** Wang, K., & Hasche, L. (2024, November). *Understanding the role of social capital in formal service use among older adults: A scoping review*. Paper accepted for presentation at the Gerontological Society of America Annual Scientific Meeting, Seattle, WA.

Shovali, T., Donorfio, L., Stephan, A., Juris, J., & **De Fries, C.M.** (Discussant). (2024, November). *Intergenerational engagement in higher education: Successes, setbacks, and best practices*. In J. Fassi & A. Stephan (Chairs). Symposium accepted for presentation at the Gerontological Society of America Annual Scientific Meeting, Seattle, WA.

Kohlbrenner, B., Catlow, J., Chess, E., & **De Fries, C.M.** (2024, November). *The implementation of a statewide interdisciplinary older adult financial justice coalition*. Poster accepted for presentation at the Gerontological Society of America Annual Scientific Meeting, Seattle, WA.

Melton, C.C., Doherty, F., Traver, A., **De Fries, C.M.,** & Hasche, L. (2024, October). *Intergenerational justice: Centering elder knowledge & experience in environmental justice action*. Panel accepted for presentation at the Council on Social Work Education conference, Kansas City, MO.

Siu Leung Cheng, E., **De Fries, C.M.,** & Nguyen, D. (2024, January). *Older adults in NYC: The role of place and health*. Poster presented at the Society for Social Work Research Conference, Washington DC.

Doherty, F., **De Fries, C.M.,** Cummings Melton, C., Traver, A., & Hasche, L. (2024, January). *Advancing climate action through an intergenerational justice framework*. Roundtable presented at the Society for Social Work Research Conference, Washington, DC.

**De Fries, C.M.,** To, M., Sun, F., Wu, B., Levkoff, S.E., & Wang, K. (2023, November). *End of life care planning: The role of family for Vietnamese and Filipino Americans*. Poster presented at the Gerontological Society of America Annual Scientific Meeting, Tampa, FL.

- Hasche, L., **De Fries, C.M.**, Taeckens-Seabaugh, A., Kohlbrenner, B., Decker, H., & Cutforth, A. (2023, November). *Engaging college students and life-long learners with intergenerational justice issues*. Paper presented at the Gerontological Society of America Conference, Tampa, FL.
- Wang, K., **De Fries, C. M.**, To, M. N., Sun, F., Wu, B., & Levkoff, S. E. (2023, November). Attitudes toward advance directives among older Southeast Asian Americans. In K. Wang & Fei, S (Chairs), *Transcending boundaries and barriers: End-of-life care and quality of life for Asian populations*. Symposium presented at the Gerontological Society of America Annual Scientific Meeting, Tampa, FL.
- Nguyen, D., **De Fries, C.M.**, & Siu Leung Cheung, E. (2023, November). *Social determinants and health equity among NYC older adults*. Poster presented at the Gerontological Society of America conference, Tampa, FL.
- Wang, K., To, M. N., **De Fries, C. M.**, & Wu, B (2023, November). Factors associated with depressive symptoms among older Southeast Asian Americans. In B. Wu (Chair), *Untangling the model minority stereotype: Promoting health equity among Asian American older adults*. Symposium presented at the Gerontological Society of America Annual Scientific Meeting, Tampa, FL.
- Steward, A., Zhu, Y., **De Fries, C.M.**, Dunbar, A. Z., Trujillo, M., & Hasche, L. (2023, November). *How do older adults cope with intersectional experiences of ageism and racism?* Paper accepted for presentation at the Gerontological Society of America conference, Tampa, FL.
- Leedahl, S., Juris, J., **De Fries, C.M.**, & Marks, L. (2023, July). *How to build community/university partnerships towards research and evaluation*. Workshop presented at the Generations United Global Conference, Washington D.C.
- Melton, C. C., **De Fries, C. M.**, Smith, R., & Mason, L. R. (2023, January). *Wildfire and older adults: Impacts, risks, and interventions*. Poster presented at the Annual Conference of the Society for Social Work and Research in Phoenix, AZ.
- De Fries, C. M.**, Ingle, P., Schilz, M., Steward, A., Baker, E., & Hasche, L. (2022, November). *Older adult perspectives on ageism during COVID-19: A qualitative study*. Paper presented at the Gerontological Society of America conference, Indianapolis, IN.
- De Fries, C. M.**, Melton, C.C., Smith, R., & Mason, L.R. (2022, November). *The impacts of wildfires on older adults: A scoping review*. Poster presented at the Gerontological Society of America conference, Indianapolis, IN.
- De Fries, C. M.**, Kohlbrenner, B., Collins, E., Hasche, L., Shah, P., Talamantes, M., & Wang, K. (2022, November). *The Virtual Dementia Tour: Experiential learning for MSW students*. Poster presented at the annual conference for the Council on Social Work Education, Anaheim, CA.
- Steward, A., **De Fries, C. M.**, Dunbar, A. Z., Trujillo, M., Zhu, Y., Nicotera, N., & Hasche, L. (2022, November). *Exploring the lived experience of racialized ageism among older adults: A phenomenological study*. Paper presented at the Gerontological Society of America conference, Indianapolis, IN.

- De Fries, C. M.,** MacInnes, R., Walker, A., DelPo, A., Hasche, L., Steward, A., & Schilz, M. (2021, November). The photography and memory project: Adapting an intergenerational program during a global pandemic. In D. Butts (Chair), *Intergenerational programming during the pandemic: Transformation during (constantly) changing times*. Symposium presented at the Gerontological Society of America Annual Scientific Meeting, Online.
- De Fries, C. M.,** Hasche, L., Cohen, R.B., Steward, A., & Schilz, M. (2021, November). *LinkAGES Colorado: Evaluation of Intergenerational Programs to Improve Connections Across All Ages*. Poster presented at the Gerontological Society of America Annual Scientific Meeting, Online.
- Steward, A., Schilz, M., Wang, K., Ingle, M. P., **De Fries, C. M.,** & Hasche, L. (2021, November) *The association between online social network support and fear of COVID-19 among older adults*. Paper presented at the Gerontological Society of America Annual Scientific Meeting, Online.
- Wang, K., Sun, F., Liu, Y., & **De Fries, C. M.** (2021, November). *Family conflict and older Chinese Americans' self-efficacy in end-of-life care planning: The role of acculturation*. Paper presented at the Gerontological Society of America Annual Scientific Meeting, Online.
- Wang, K., Cuevas, A. G., Zhang, A., **De Fries, C. M.,** Hinton, L., & Falcón, L. (2021, November). *Association between post-traumatic stress and depression among older Puerto Ricans: How does loneliness matter?* Paper presented at the Gerontological Society of America Annual Scientific Meeting, Online.
- Hasche, L., Steward, A., Greenfield, J.C., Ingle, P., **De Fries, C. M.,** Fix, R., King, J., Hennig, M., & Botanus, M. (2021, January). *The state of the field: A scoping review of non-familial intergenerational programs*. Poster presented at the Society for Social Work and Research Annual Conference, Online.
- De Fries, C. M.,** Steward, A., Fix, R., & Hasche, L. (2020, November). A process evaluation of cross-organizational intergenerational partnerships. In L. Hasche (Chair), *Using implementation research to promote the expansion and sustainability of intergenerational programs*. Symposium conducted at the Gerontological Society of America Annual Scientific Meeting, Online.
- Cohen, R. B. & **De Fries, C. M.** (2019, June). *Conscious collaboration: Lessons learned from LinkAGES Colorado*. Roundtable presented at the Generations United Global Conference, Portland, OR.
- Catalano, C. M.,** & Greenhoot, A.F. (2014, May). *Resolving negative memories: Does the audience matter?* Poster presented at the Symposium for Undergraduate Psychology Engagement and Research at the University of Kansas, Lawrence, KS.

## Invited Talks

---

*The power of intergenerational learning*. University of Denver's Enrichment Program's Feed Your Curiosity Lecture Series. (Online, August 26, 2024).

*Generations United's signature report on diverse intergenerational programs*. Gerontological Society of America's Intergenerational Learning, Research, and Community Engagement Interest Group. (Online, October 2, 2023).



*Promoting social connection and health with intergenerational ties.* Gerontological Society of America’s Behavioral Social Sciences Section and the Loneliness and Social Isolation Interest Group. (Online, September 27, 2023).

*Measuring intergenerational impact: What the research tells us and evaluation tools you can use.* Generations United’s Global Intergenerational Conference. (Washington D.C., July 26, 2023).

*Theoretical foundations for intergenerational work.* Gerontological Society of America’s Intergenerational Learning, Research, and Community Engagement Interest Group. (Online, May 18, 2023).

*Working in aging & hospice, From micro to macro practice.* University of Denver’s Graduate School of Social Work. (Online, April 11, 2023).

*Catalyst series for social justice: Social isolation summit.* University of Denver’s Graduate School of Social Work. (Online, April 6, 2021).

*Striking a conversation: Mental health for all ages.* The Longevity Project. (Glenwood Springs, CO, September 17, 2019).

*Grandparents and grandchildren: A special bond.* Douglas County’s Senior’s Council’s Intergenerational Conversation Workshop. (Castle Rock, CO, September 7, 2019).

*Intergenerational engagement: We are stronger together.* Douglas County’s Senior’s Council’s Vintage and Vibrant Conference. (Parker, CO, May 22, 2019).

*Intergenerational engagement workshop.* Boomers Leading Change. (Denver, CO, April 30, 2019).

## Media Publications and Interviews

Udasin, S. (2024, July 20). *America’s growing elderly population endangered by rising heat, wildfires.* The Hill. <https://thehill.com/policy/energy-environment/4782481-older-americans-heat-health-safety-risks/>

De Fries, C. (2019, July 30). *Grandparents and grandchildren - Conversations between generations.* Colorado Community Media. <https://coloradocommunitymedia.com/stories/grandparents-and-grandchildren-conversations-between-generations,284217>

## Fellowships and Awards

---

<b>Graduate Education Dissertation Fellowship</b> <i>University of Denver, Office of Graduate Education</i>	\$2,500	2024
<b>Outstanding Dissertation Proposal Award</b> <i>University of Denver, Graduate School of Social Work</i>	\$2,000	2024
<b>Doctoral Alzheimer’s Disease and Related Dementias (ADRD) Scholar</b> <i>University of Denver, Knoebel Institute for Healthy Aging</i>	\$8,400	2023
<b>Graduate Education Doctoral Fellowship for Inclusive Engagement</b> <i>University of Denver, Office of Graduate Education</i>	\$9,000	2022 – 2024

<b>Summer Mentored Scholar Award</b> <i>University of Denver, Graduate School of Social Work</i>	\$3,604	2022
<b>Faculty Scholar for Community-Engaged Teaching</b> <i>University of Denver, Center for Community Engagement to Advance Scholarship and Learning</i>	\$600	2022
<b>AGESW Pre-Dissertation Fellowship</b> <i>Association for Gerontology Education in Social Work (AGESW)</i>	\$1,200	2021 – 2022
<b>Summer Mentored Scholar Award</b> <i>University of Denver, Graduate School of Social Work</i>	\$3,500	2021
<b>Henry W. Welch Scholarship in Aging</b> <i>Colorado Gerontological Society</i>	\$1,000	2020
<b>Doctoral Fellowship</b> <i>University of Denver, Graduate School of Social Work</i>	\$9,000	2020 – 2022
<b>PROGRESS Fellow (Providing Real Opportunities for Gero-Rich Experience in Social Services)</b> <i>University of Denver, Graduate School of Social Work</i>	\$5,000	2017 – 2018
<b>Alumni Scholarship</b> <i>University of Denver, Graduate School of Social Work</i>	\$30,000	2016 – 2018

## Teaching

---

### University of Denver

#### *Instructor of Record*

Intergenerational Justice, MSW (Spring 2023, Winter 2024)

#### *Teaching Assistant*

Statistical Methods, PhD (Fall 2022)

Evidence for Practice, MSW (Winter 2022)

Introduction to Social Work, Undergraduate (Spring 2022)

#### *Guest Lecturer*

Grief and Loss Across the Lifespan, MSW (Winter 2024)

Evolving Trends & Perspectives in Health and Wellness, MSW (Spring 2023)

Introduction to Social Work, Undergraduate (Spring 2023)

Assessment of Mental Health Across the Lifespan, MSW (Fall 2021)

### Utica University

#### *Guest Lecturer*

Human Behavior and the Social Environment, MSW (Spring 2021)

## University/Departmental Service

---

### Graduate School of Social Work PhD Student Advisory Board

#### *Representative*

2023 – Present

The PhD Student Advisory Board, made up of elected representatives, meets with the school's administration to discuss issues faced by PhD students.



### **Knoebel Institute for Healthy Aging**

*Strategic Planning Group Member*

2019 – Present

Member of strategic work group to advise the Knoebel Institute for Healthy Aging on strategic aims and community outreach.

### **University of Denver Asian Alumni Affinity Network**

*Chair*

2021 - 2024

The Asian Alumni Affinity group supports the goals and passions of students and alumni of Asian heritage at the University through community events and activities.

### **University of Denver Advancement Hiring Committee**

*Interview Committee Member*

2023

Served on interview committee to hire Assistant Director of Volunteer Networks for the University of Denver.

### **University of Denver Dean Search Committee**

*Committee Member*

2022 – 2023

Appointed by the Provost to serve as a member of the search committee for the next Dean of the Graduate School of Social Work.

## **Professional Service**

---

### **Journal of Intergenerational Relationships**

*Editorial Board Member*

2024 – Present

The Journal of Intergenerational Relationships is the forum for scholars, practitioners, policy makers, educators, and advocates to stay abreast of the latest intergenerational research, practice methods and policy initiatives.

### **Gerontological Society of America's Intergenerational Learning, Research, and Community Engagement Interest Group**

*Co-Convener*

2024 – Present

*Leadership Team Member*

2022 – 2024

This group serves as a network for the community, professionals, educators, and students in gerontology, sharing cutting edge intergenerational programs, research, and various teaching approaches/platforms.

## **Community Service**

---

### **Generations United's Advisory Group on Diverse Intergenerational Programs**

*Chair*

2022 – 2023

*Advisory Group Member*

2021 – 2023

The objectives of the Advisory Group are to help identify, elevate, and expand high-quality intergenerational programs across the U.S. that are inclusive and culturally, racially, and ethnically diverse.

### **Generations United**

*Programs of Distinction Reviewer*

2018, 2022

Reviewed and scored applications from programs nationwide interested in receiving the designation of a Generations United "Program of Distinction". This designation serves as the U.S. benchmark for high-quality intergenerational programs.

## Changing the Narrative

*Project Advisory Committee Member*

2018 – 2020

Changing the Narrative is a strategic communications and awareness campaign to increase understanding of ageism and to shift how Coloradans think about aging. The Project Advisory Committee provides strategic consultation to Changing the Narrative and connects the initiative to key influencers and networks in media, community, and policy.

## Research Experience

---

### **Heart-to-Heart Café as an Innovative Intervention to Promote Advance Care Planning (ACP) for Chinese Americans: A Pilot Study**

2023 – Present

PI: Kaipeng Wang, PhD, MSW, MAS; University of Denver

*Graduate Research Assistant*

Completed application for the IRB and led the qualitative portion of intervention evaluation study that examines the feasibility, acceptability on attitude and readiness toward ACP among family members of Chinese Americans aged 60 or older

### **Financial Security for Older Adults through the Development of the Financial Vulnerability Scale**

2023 – Present

PI: Eric Chess, MD, JD; University of Denver

*Co-Investigator*

Co-led the development of a scale to assess vulnerability for financial fraud and exploitation among older adults.

### **Examining the Relationship between Death Attitude and AD Completion Among Older Chinese Americans (1RO3AG080374-01)**

2023 – Present

PI: Kaipeng Wang, PhD, MSW, MAS; University of Denver

*Graduate Research Assistant*

Completed application for the IRB and led the qualitative portion of this NIA-funded study that examines the relationship between attitudes towards death and completion of advance directives among older Chinese Americans

### **Social Determinants and Health Equity Among NYC Older Adults**

2023 – Present

PI: Duy Nguyen, PhD, MSW; Sacred Heart University

*Graduate Research Assistant*

Assisted with data analysis and manuscript writing for project that examined social determinants and health equity among older adults using data from the NYC Community Health Survey

### **Wish of a Lifetime Program Evaluation**

2022 – Present

PI: Eric Chess, MD, JD; University of Denver

*Graduate Research Assistant*

Designed and coordinated program evaluation of organization's wish granting experiences on older adults' feelings of loneliness, health, and feelings of generativity

### **Routinify: Assessing Health and Behavioral Changes in Older Adults and their Caregivers**

2022 – Present

PI: Eric Chess, MD, JD; University of Denver

*Program Evaluator*

Designed and implemented randomized controlled trial to assess impact of organization's care coordination technology and services on older adults and caregivers' health and behaviors

- Colorado Chinese American Brain Health Initiative** 2022 – Present  
 PI: Kaipeng Wang, PhD, MSW, MAS; University of Denver  
*Graduate Research Assistant*  
 Provided administrative support and helped to design qualitative portion of study that assesses the impact of a brain health workshop series on Chinese Americans
- Evaluation of the Virtual Dementia Tour** 2021 – 2024  
 PI: Leslie Hasche, PhD, MSW; University of Denver  
*Graduate Research Assistant*  
 Assessed how the Virtual Dementia Tour impacted master's level social work students in their understanding of and empathy towards older adults with dementia
- Attitudes Toward and Experiences of Family Involvement in End-of-Life Care Among Older Southeast Asian Americans: How Does Family Relationship Matter?** 2021 – 2024  
 PI: Kaipeng Wang, PhD, MSW, MAS; University of Denver  
*Graduate Research Assistant*  
 Completed application for the IRB and led the qualitative portion of this study that explores family involvement in end-of-life care of older Southeast Asian Americans
- Older Adults and Wildfires: A Scoping Review** 2021 – 2023  
 Faculty Advisor: Lisa Reyes Mason, PhD, MSW; University of Denver  
*Co-Investigator*  
 Co-led project that analyzed 75 peer-reviewed articles on how older adults are impacted by, protected from, and assist in addressing wildfires
- Exploring Gaps in Understanding and Responding to Ageism** 2021 – 2022  
 PI: Andrew Steward, PhD, MSW; University of Denver  
*Graduate Research Assistant*  
 Coded interviews and assisted in qualitative analysis in project that looked at the intersection of ageism and racism among older adults
- Routinify Program Evaluation** 2021 – 2022  
 PI: Eric Chess, MD, JD; University of Denver  
*Program Evaluator*  
 Analyzed survey data and wrote up report to assess effectiveness of organization's care coordination technology and services for older adults and their caregivers
- Generational Perspectives of Community Response to COVID-19** 2021  
 Faculty Advisory: Leslie Hasche, PhD, MSW; University of Denver  
*Principal Investigator*  
 Developed and implemented study that interviewed older adults and young adults to explore generational perspectives and tensions during COVID-19
- Maintaining Intergenerational Relationships via Technology During the COVID-19 Public Health Crisis** 2020 – 2022  
 PIs: Pilar Ingle, PhD, MSW, and Andrew Steward, PhD, MSW  
*Graduate Research Assistant*  
 Transcribed and coded interviews with older adults to understand how technology impacted their relationships with younger generations during COVID-19

- SilverBills Program Evaluation** 2020  
 PI: Eric Chess, MD, JD; University of Denver  
*Program Evaluator*  
 Designed and analyzed data that evaluated the effectiveness of bill management services for older adults and their caregivers
- LinkAGES Colorado** 2018 – 2020  
 PI: Leslie Hasche, PhD, MSW; University of Denver  
*Program Coordinator*  
 Collaborated with community partners to carry out program evaluation for 17 community-based intergenerational programs, including survey and interview question development, data collection, data analysis, and dissemination of results.
- Evaluation of an Intergenerational Class** 2019  
 Faculty Advisor: Leslie Hasche, PhD, MSW; University of Denver  
*Principal Investigator*  
 Developed and carried out quantitative evaluation of a master's level social work class that included older adult community members.
- Understanding the Costs of Caregiving: A Survey of Colorado Caregivers** 2017 – 2018  
 PIs: Leslie Hasche, PhD, MSW Jennifer Greenfield, PhD, MSW  
*Graduate Research Assistant*  
 Conducted literature review on young adult caregivers, formatted data into tables, and wrote method section for manuscript publication.
- Assessing Foster Parent Factors that Predict Placement Disruption of Youth in Foster Care** 2013 – 2015  
 PI: Angela Tunno, PhD; University of Kansas  
*Research Assistant*  
 Recruited foster parent participants and tracked participant progress throughout study
- Resolving Negative Memories: Does the Audience Matter?** 2013 – 2014  
 Faculty Advisor: Andrea Greenhoot, PhD; University of Kansas  
*Principal Investigator*  
 Developed and implemented mixed methods study to analyze the effect an audience has on negative narrative resolution
- An Experimental Investigation of Parent-Guided Conversations and Children's Memories of a Stressful Event** 2013 – 2014  
 PI: Shengkai Sun, PhD; University of Kansas  
*Undergraduate Research Assistant*  
 Transcribed interviews and cleaned physiological data (e.g., heart rate data) of children experiencing and relaying stressful events with their parents.
- Remembering the Joplin Tornado** 2013 – 2014  
 PI: Erin Hambrick, PhD; University of Kansas  
*Undergraduate Research Assistant*  
 Assisted with coherence coding to assess level of context, chronology, and clarity in interviews with children about their experience during the 2011 Joplin tornado.

<b>Determinants of Resilience: Mental Health, Maltreatment and Adaptive Behavior (R01-MH-079252)</b> PI: Yo Jackson, PhD; University of Kansas <i>Paid Research Assistant</i> Assisted with data collection and organized databases for participants' case files, academic records, medical records, and survey results for study focused on resiliency in youth in foster care	2011 - 2015
--	-------------

## Other Professional Experience

<b>LinkAGES Colorado</b> <i>MSW Intern</i> Created database of program models and literature to help community partners with program development	2018 Denver, CO
<b>U.S. Dept. of Health and Human Services – Administration on Aging</b> <i>MSW Intern</i> Assisted with oversight of the implementation of the Older Americans Act in 11 states (AR, CO, LA, MT, ND, NM, OK, SD, TX, UT, WY) by reviewing data and state plans on aging.	2017 – 2018 Denver, CO
<b>Wish of a Lifetime</b> <i>Development Intern</i> Wrote grant applications and grant renewals that resulted in \$7,500 for the organization	2017 Denver, CO
<b>U.S. House of Reps. Congresswoman DeGette's District Office</b> <i>MSW Intern</i> Connected constituents to appropriate resources regarding different social services and wrote reports to update the Congresswoman on new executive orders and legislation	2016 – 2017 Denver, CO
<b>Olathe Hospice House</b> <i>Bereavement Caller</i> Made calls to grieving families to provide information on social support services in the community <i>Direct Patient Care</i> Assisted nurses in patient care - repositioning, bathing, and feeding patients <i>Patient Care Volunteer Trainer</i> Trained new volunteers on patient care and nursing assistance	2015 –2016 Olathe, KS

## Trainings

Engaging Older Adults in Research Integrating Critical Race Theory into Scholarship Foundations of Critical Quantitative Theory Community-Engaged Teaching Pathways to Equity Based Aging Research and Practice	November-December 2023 February 2022 March 2022 June 2022 November 2022
---	---

## Memberships

Association for Gerontology Education in Social Work Council on Social Work Education Gerontological Society of America Society for the Study of Social Problems
---