



Professional and Community Education

College of Social Work

THE UNIVERSITY OF UTAH

**25th Summer Institute in
the Human Services
June 1 - 12, 2009**

Welcome

By the year 2030, there will be approximately 71 million older adults in the United States. That's 20% of the U.S. population!* Human service professionals need to be prepared to work with this rapidly growing aging population, termed the "silver tsunami." The annual Summer Institute in the Human Services is also going silver, this year celebrating its silver anniversary after 25 years of high quality, in-depth continuing education in an enriching university setting.

In honor of its silver anniversary, the Summer Institute is pleased to offer a 25% discount on all non-credit courses. Six "Silver Track" courses, which focus on aging issues, have been further discounted to \$75 or \$50! A special Beeley Keynote Workshop, presented by Wendy Lustbader, author and faculty at the University of Washington, will teach professionals to promote positive changes as they work with seniors.

Social work is a profession dedicated to making positive changes in the world in many arenas, including the environment. This year, our complete Summer Institute catalog can only be found online. Thank you for visiting our website to read the full course descriptions that follow. Learn how to apply for Silver Track scholarships and register for classes that will help you *keep PACE with your profession*.

See you in June!

Farriña Coulam, LCSW, Director
Professional and Community Education
The University of Utah College of Social Work

*Centers for Disease Control and Prevention and The Merck Company Foundation. The State of Aging and Health in America 2007. Whitehouse Station, NJ: The Merck Company Foundation: 2007. (Available at www.cdc.gov/aging and www.merck.com/cr.)

University of Utah Sustainability Initiatives . . . Going Green!

Since its creation in 2007, the University of Utah Office of Sustainability has been actively working to create a "green campus." As part of that effort, the College of Social Work has increased collection of recyclable materials and taken steps to conserve water, energy, and paper. Reduced consumption of natural resources not only helps our planet, but also helps the College save money during this economic downturn.

With these goals in mind, the Professional and Community Education (PACE) program made an important decision. Rather than printing and mailing the Summer Institute catalog, as has been done in the past, PACE posted this complete catalog online. The environmental and cost-saving benefits of this initiative allows PACE to continue offering a variety of high quality workshops at special reduced rates during this time of economic hardship.

Thank you for supporting our green campus by reading course descriptions and instructor bios online. Here you will find information on discounts and schedules and see a photo of the first Summer Institute, in 1984. We look forward to seeing you this summer!

Summer Institute Schedule, Fees, and CEU Information

	June	M	T	W	H	F	Until April 30	May 1 to 23	After May 24	CEUs
Week One - Beeley Keynote Workshop - 8:00 am to 4:00 pm										
01 A Whole New Life: Promoting Positive Change in the Lives of Elders Wendy Lustbader	June 1	M					\$200	\$230	\$260	7.0
Week One - All Day Courses - 8:00 am to 5:00 pm										
02 Creative Expression for Psychosomatic Healing - Shannon McQuade			T				\$75	\$105	\$135	8.0
03 Therapy with Survivors of Sexual Violence, a Feminist Perspective Diana Thomas, Emily Marcus, Eva Malia, Robin Friedman			T				\$127.50	\$150	\$172.50	8.0
04 Ethical and Legal Concerns for Mental Health Professionals and Substance Abuse Counselors - Sabine Weil				W			\$127.50	\$150	\$172.50	8.0
05 What Do I Do & Where Do I Go? - Sylvia Bruinsholz ☆ Graying in Utah - Lisa Martinez, Kurt Foster, Charlotte Vincent, Sonnie				W			\$75	\$105	\$135	8.0
06 Yudell, Debbie Booth ☆					H		\$75	\$105	\$135	8.0
07 Working with Adult Survivors of Sexual Abuse - Judy Brady				W			\$127.50	\$150	\$172.50	8.0
08 The ABC's of Play Therapy - Claire Mellenthin					H		\$127.50	\$150	\$172.50	8.0
Week One - One Day Morning Courses - 8:00 am to 12:00 pm										
Long Term Care Trends, Challenges, and Opportunities for Change										
09 Fran Wilby ☆			T				\$50	\$80	\$110	4.0
Week One - One Day Afternoon Courses - 1:00 pm to 5:00 pm										
10 Reaching Seniors at Their Center - Ryan Engar ☆			T				\$50	\$80	\$110	4.0
Recognizing Depression in Community Dwelling Older Adults										
11 Fran Wilby ☆					H		\$50	\$80	\$110	4.0
Week Two - Morning Courses - 8:00 am to 12:00 pm										
12 Sexual Abuse: Systems and Interventions - Rob Butters	June 8	M	T	W	H	F	\$176.25	\$198.75	\$221.25	20.0
13 Differential Diagnosis of Severe and Persistent Mental Disorders Cathie Delewski		M	T	W	H	F	\$176.25	\$198.75	\$221.25	20.0
14 Motivational Interviewing - Brad Lundahl		M	T	W	H	F	\$176.25	\$198.75	\$221.25	20.0
15 Healthy Sexuality Across the Lifespan - David Derezotes		M	T	W	H	F	\$176.25	\$198.75	\$221.25	20.0
20 Finding the Best Evidence - Joanne Yaffe			T	W	H		\$120	\$150	\$180	12.0
Week Two - Afternoon Courses - 1:00 pm to 5:00 pm										
16 Adolescent Self-Harm, Suicide, and Emerging Borderline Personality - Jason King		M	T	W	H	F	\$176.25	\$198.75	\$221.25	20.0
17 Positive Psychology: A Primer for Obtaining Positive Treatment Outcomes - Russell Gaede		M	T	W	H	F	\$176.25	\$198.75	\$221.25	20.0
18 The Inner Child: Early Developmental Influence Across the Lifespan Joanna Bettman, Emily Bleyl		M	T	W	H	F	\$176.25	\$198.75	\$221.25	20.0
19 Infant Adoption Training - Jodi Grizzle		M	T	W	H	F	\$176.25	\$198.75	\$221.25	20.0

47th Arthur L. Beeley Keynote Workshop*

Workshop

01

A Whole New Life: Promoting Positive Change in the Lives of Elders

Monday, June 1, 2009; 8:00 am to 4:00 pm

7.0 NASW/UPA Endorsed Continuing Education Units

Location: 155 Community Meeting Room, Goodwill Humanitarian Building

Fee: \$200 early bird, \$230 regular, \$260 late (includes snacks and lunch)

Overcoming resistance to change poses a challenge throughout the lifespan, but especially when patterns have become entrenched over the decades. At the same time, illness, frailty, and the approach of death can motivate an individual to embrace change. This workshop examines how the health care and mental health professionals can use the forces of transformation in order to help energize elders to engage in optimistic living.

Grief and depression will be differentiated in terms of conducting effective assessments and devising creative interventions. Ethical dilemmas that arise in responding to complex issues will be explored, such as when people with dementia insist on living independently, or when people who fill their houses to the brim refuse to consider modifications for the sake of health and safety. Self-care for professionals confronting such situations will also be considered, with the aim of identifying strategies for keeping an open heart.

Through lively case discussions, participants will acquire a host of practical ideas that can be implemented in clinical practice. Theoretical and evidence-based studies will be used as a backdrop to these practical applications.



Wendy Lustbader, MSW, served for almost twenty years as a mental health counselor at Pike Market Medical Clinic in Seattle, Washington. She is currently an affiliate associate professor at the University of Washington School of Social Work. She lectures nationally on topics related to chronic illness, aging, and the needs of family caregivers. She is the co-author of *Taking Care of Aging Family Members: A Practical Guide* and author of *Counting on Kindness: The Dilemmas of Dependency* and *What's Worth Knowing*.

***About the 47th Annual Arthur L. Beeley Workshop:** Arthur L. Beeley, an English immigrant who taught sociology and anthropology at the University of Utah, was keenly aware of the great toll the Depression of the early 1930's was taking on individuals, families and communities. With it came an onslaught of social problems, ranging from unemployment, hunger and poverty to despair, disillusionment, and confusion. These were bewildering times for Americans, forcing them to change their whole way of living, and created painful personal memories. In coping with a collapse of terrifying proportions and duration, millions of Americans needed services. Dr. Beeley understood what the Depression was doing to the country and he yearned to find solutions to the widespread problems it created. Understanding that Roosevelt's New Deal was altering the economy and the social structure of the nation, Dr. Beeley knew that such changes would require a greatly expanded force of trained professionals to become effective, constructive agents of social change. He turned to the University of Utah to create a school which would train such a work force. In May 1937, the University Administration announced the creation of the Graduate School of Social Work with the full approval of the University Board of Regents, making it one of only 10 social work schools in the nation supported by a state university. The school was officially recognized in May 1938 by the American Association of Social Workers (AASW). In early 1940, the school was officially accredited by the American Association of Schools of Social Work (AASSW), making it the only accredited school in the Rocky Mountain region. Arthur L. Beeley (August 28, 1890 - September 23, 1973) served as Dean of the Graduate School of Social Work from 1937 to 1957. In 1961, the College established the annual Arthur L. Beeley Lectures in Social Work, which continues to bring noted experts to campus to address issues of topical concern.

(Dickson, Mary (Ed.). (1987). *Celebration: 50 years of social work education*, Salt Lake City, Utah: Publishers Press.)

Workshop

02

Creative Expression for Psychosomatic Healing

Tuesday, June 2, 2009; 8:00 am to 5:00 pm

8.0 NASW/UPA Endorsed Continuing Education Units

The ability to communicate thought and emotion through creative expression is inherent in all people. In seniors, it is a particularly valuable means of expressing emotion, when thoughts and words might be difficult to come by. Without self expression, we remain unknown, which increases the sense of isolation experienced as we go through the losses that come with aging. Further, repressed emotions can lead to and exacerbate a host of psychosomatic ailments. In the creative process, one is accessing a state of mind that allows a calming of thoughts and a focus on the present, reducing anxiety, alleviating depression, and increasing mental focus. One need not be a skilled artist to experience the therapeutic benefits of creative expression. Rather, it is the letting go of expectation and being free to express the self without judgment that allows for healing through this medium. In this workshop, participants will engage in exploration of:

- The history of creative expression in healing psychosomatic illness.
- Their own capacity for creative self expression.
- Creative expression in diverse populations with an emphasis on seniors.
- Various expressive mediums including paint, sculpture, writing, and movement.

Shannon McQuade, LCSW, LMT, uses various forms of art therapy in her private practice. She is a member of the American Art Therapy Association and the Society for the Arts in Healthcare. Since her youth, she has pursued expressive arts and has worked with various mediums, including music, visual arts, performing arts, and craft work. Ms. McQuade has extensive experience using creative therapies in her work with patients at the American Cancer Society and various drug and alcohol treatment centers. As a “hands-on” person, she became licensed in the healing art of massage therapy in 1999. She earned her bachelor’s degree in health administration at Weber State University in 2002, and her master’s in social work from the University of Utah in 2004.

Unless a specific location is indicated in this catalog, please visit the Information Desk in room 112 (Student Lounge) of the College of Social Work to find the location of your class.

One-Day Courses

Workshop

03

Therapy with Survivors of Sexual Violence, a Feminist Perspective

Tuesday, June 2, 2009; 8:00 am to 5:00 pm

8.0 NASW/UPA Endorsed Continuing Education Units

This day-long course explores a feminist/multicultural approach for working with survivors of childhood and adult sexual violence. The Rape Recovery Center (RRC) clinical team will discuss the research, philosophies, methods, and innovations that are the foundation of their healing work with clients. Topics include trauma theory, feminist theory, expressive arts, narrative concepts, mindfulness work, body-centered techniques, strengths-based and cognitive-behavioral approaches, working with secondary survivors, and vicarious traumatization. Participants will leave with useful tools and ideas to enhance their work with individuals, families, and groups who are dealing with issues of sexual violence.

Diana Thomas, LPC, obtained her bachelor's in communication and Master of Education in counseling psychology, both from the University of Utah. She has served as director of volunteer services at LDS Hospital, regional director of guest relations for IHC, a counselor at the U of U Women's Resource Center, a counselor at the Rape Recovery Center, and now clinical director. Ms. Thomas also maintains a private practice in life coaching.

Emily Marcus, LCSW, obtained her master's degree in clinical social work at the University of New England, with emphases in both clinical and community based social work. She graduated from the University of Utah with a bachelor's in psychology and later, a graduate certificate in chemical dependency counseling. Ms. Marcus currently practices at the Rape Recovery Center and in private practice in Salt Lake City, working with primary and secondary survivors of sexual violence. Her professional experience and interests includes empowerment based clinical work with experiences of trauma, addiction, sexual violence, oppression and relationship dynamics. Other areas of interest include impact of trauma and other experiences on the brain and body, mindfulness based psychotherapy, and integration of the mind-body experience and spirituality based work.

Eva Malia, CPCI, currently practices as a bilingual therapist at the Rape Recovery Center. Previously, during her five years as a case manager and as the diversity services coordinator at the YWCA in Salt Lake City, Ms. Malia specialized in issues of domestic violence in the immigrant and refugee populations. She holds a bachelor's degree in both French language and psychology, and a Master of Education in professional counseling from the University of Utah. Ms. Malia completed her master's internship at the Women's Resource Center, focusing on the theory and practice of Feminist Multicultural Counseling.

Robin Friedman, LCSW, obtained her master's degree in social work at the University of Utah, and her bachelor's in teacher education at the University of California San Diego. She is currently a therapist at the Rape Recovery Center, as well as maintaining a private practice. She worked for three years at Cornerstone Counseling Center on the adult substance abuse team, and completed her internship at the University Counseling Center in Salt Lake City. One of her areas of specialty is expressive arts therapy, receiving certification through the Person-Centered Expressive Therapy Institute in Cotati, California. She is affiliated with several local and national professional organizations.

*Register early to ensure a space in your course selections and to take advantage of early bird reduced registration fees.
Courses with low enrollment may be cancelled.*

Workshop

04

Ethical and Legal Concerns for Mental Health Professionals and Substance Abuse Counselors

Wednesday, June 3, 2009; 8:00 am to 5:00 pm

8.0 NASW/UPA Endorsed Continuing Education Units

What does it mean to be ethical? Is it following your feelings, doing the “right” thing, or following the law? This workshop will review the ethical responsibilities of mental health professionals and substance abuse counselors from a philosophical, legal, and professional perspective. Concepts around the issues of dual relationships, confidentiality, duty to warn and protect, and client rights will be discussed. This course will be experiential and interactive.

Objectives:

- 1) Review the ethical codes that govern the various helping professions.
- 2) Identify one’s own scope of practice.
- 3) Understand the legal and ethical implications of working with diverse and multicultural clients.
- 4) Recognize and evaluate special ethical concerns, including confidentiality and HIPPA, informed consent, duty to report, supervision, and dual relationships.

Sabine K. Weil, LPC, received a bachelor’s degree in biology from the University of Arizona and a master’s degree in political science/economics from Utah State University. In 2001, she earned a master of counseling degree from the University of Phoenix in Salt Lake City. She is the clinical director of Turning Point Center, a substance abuse treatment facility in Salt Lake City. She maintains a small private practice with a focus on trauma and addiction and she teaches at the University of Utah, the University of Nevada, Reno (on-line) and the University of Phoenix.

Workshop

05

What Do I Do & Where Do I Go?

Wednesday, June 3, 2009; 8:00 am to 5:00 pm

8.0 NASW/UPA Endorsed Continuing Education Units

This fun and eclectic class will prepare and compliment the social worker’s best practices with interventions and resources for the senior population and caregivers. This course will provide an overview of geriatric social work assessment and long term planning with an emphasis on resources available. Experts in the medical, psychological, and social fields, as well as dementia, funeral planning, grief and loss support, care giving, and placement facilities will present their information, answer pertinent questions, and will be available for networking. Guest speaker Matt Townsend, known as one of America’s top presenters in the field of human relations and development, will blend his humor and story telling to motivate the class. Participants will leave with the essential resources to provide first-class care to the senior population of patient, family, or self.

Sylvia Brunisholz, LCSW, CMC, is the LCSW at Caregiver Support Network. She is director and developer of Lifespan Therapy Network, a mental health network developed to enhance the quality of life for patients and caregivers. She also enjoys facilitating groups with Valley Mental Health Forensics and Caring Connections. Ms. Brunisholtz is one of seven licensed care managers in Salt Lake City with the National Association of Professional Geriatric Care Managers. She provides psycho/social services, hospice care, and short/long term planning with the geriatric population with one of the top 500 companies in the United States.

One-Day Courses

Workshop

06

Graying in Utah

Thursday, June 4, 2009; 8:00 am to 5:00 pm

8.0 NASW/UPA Endorsed Continuing Education Units

This workshop will explore the implications of the coming Age Wave, including service demand. Primary focus will center on abuse, neglect, and exploitation of vulnerable adults, including identification and resource development. Additional topics will include capacity assessment, victim/perpetrator interviewing, investigation practices, caregiver support, healthy aging, and legal remedies.

Lisa Martinez, SSW, has a bachelor's degree in human development and family studies. She has worked with Child Protective Services and Adult Protective Services since 1994. She currently supervises caseworkers within the Salt Lake region.

Kurt Foster, LCT, has a bachelor's degree in social work, and a master's in mental health counseling from the University of Utah. Mr. Foster has worked with people with disabilities at the Division of Child and Family Services and Adult Protective Services. He currently works as a licensed clinical therapist in the Northern Utah region.

Charlotte Vincent, PhD, RD, CD, has bachelor degrees in foods and nutrition and education from Purdue University, a master's in education from University of Louisville, Kentucky, and doctorate in education from the University of North Carolina - Greensboro. She completed a dietetic internship at Indiana Medical Center and has been a dietitian for more than 20 years. She is a program manager in nutrition and wellness with the Division of Aging and Adult Services.

Sonnie Yudell, BA, has a bachelor's degree in education from Westminster College. She is a program manager for the Utah Caregiver Support Program with the Division of Aging and Adult Services.

Debbie Booth, BA, has a bachelor's degree in communication from the University of Utah. She has worked in non-profit, educational, and corporate settings with emphasis on public information and marketing activities.

Workshop

07

Working with Adult Survivors of Sexual Abuse

Wednesday, June 3, 2009; 8:00 am to 5:00 pm

8.0 NASW/UPA Endorsed Continuing Education Units

This one-day workshop focuses on the multiple aspects of working with adult victims/survivors of childhood sexual abuse. It will provide various methods of assessment and identification of this type of problem as well as descriptions of different intervention strategies. Descriptions of proven techniques and interventions, in combination with sequencing of the treatment process and the role of the worker throughout the change process, will be provided.

Judy Brady, DSW, has been an experienced clinician for over 30 years. She has served as a consultant to the Utah State Division of Youth Corrections and Mental Health. She is the former director of the Utah Division of Alcohol and Drugs. Her extensive work with individuals, couples, and families provides a rich experience base for this course.

Workshop

08

The ABC's of Play Therapy

Thursday, June 4, 2009; 8:00 am to 5:00 pm

8.0 NASW/UPA Endorsed Continuing Education Units

Using play therapy is a must while working with children and families! In this introductory course of play therapy, both graduate students and seasoned professionals will learn about the basics of play therapy and be able to begin using these tools and knowledge gained immediately with clients.

Participants will learn:

- basic concepts and techniques of evidence-based play and art therapy;
- how to use play therapy with clients, regardless of the client's age, and in a multitude of settings, with creative and fun activities; and
- how to prepare a playroom in as little space as a gym bag, using cost-effective strategies and ideas.

At the end of the day participants will have a toolbox of useful techniques, ideas, and information to bring into their practice.

Clair Mellenthin, LCSW, graduated with a master's degree in social work from the University of Southern California. Throughout her career, she has focused on working with children and teens. Since moving to Utah, she has worked at Utah Youth Village, where she helped establish clinical treatment programs at many of the residential group homes. Before joining Wasatch Family Therapy as the director of child and adolescent services, she worked in a successful private practice. Ms. Mellenthin has been an adjunct faculty member for the University of Utah MSW program, teaching elective courses for the past two years. She has worked with Bikers Against Child Abuse, providing trainings on child abuse and treatment issues.

Workshop

09

Long Term Care-trends, Challenges, and Opportunities for Change

Tuesday, June 2, 2009; 8:00 am to 12:00 pm

4.0 NASW/UPA Endorsed Continuing Education Units

This course will consider long-term care from a broad perspective, including services to people, young and old, who require assistance to maintain optimal functioning. The course will describe the current long-term care system, what comprises long-term care, how it is staffed, how it is funded, and discuss ongoing changes in the United States. Comparing and contrasting the long-term care system in the United States to other systems in the world, including Japan, Great Britain, and Germany, will deepen participant's understanding. This course will examine quality, cost, and access issues from a social justice perspective, and will look at current change models in the United States.

Fran Wilby, CSW, PhD, has worked in the aging field for approximately 20 years. Her experience includes work in long term care settings including nursing homes, assisted living centers, and adult day centers. She recently completed her doctorate in social work at the University of Utah, and currently serves as associate director of the Neighbors Helping Neighbors program which assists older adults in remaining independent in the community. She is an assistant professor/lecturer at the College of Social Work. Her current research interests include mental health and aging, long term care, and policy.

One-Day Courses

Workshop

10

Reaching Seniors at Their Center

Tuesday, June 2, 2009; 12:00 pm to 5:00 pm

4.0 NASW/UPA Endorsed Continuing Education Units

This course will include lecture, class participation, discussion, practice, and feedback. Participants will discuss an innovative model which addresses senior issues surrounding mental health, physical health, ability to stay at home, and quality of life issues. This session will explore ways in which small numbers of individual may bring about immeasurable results.

This session will cover:

- A brief overview of aging in Utah, as well as a glance at the national statistics;
- A general mental illness overview;
- Specific mental health issues with seniors;
- Barriers to reaching this population;
- A discussion about a variety of approaches that keep seniors in their own homes, as well as a model for implementing each approach;
- The implementation of the service learning model of learning, and addressing the need to reach seniors with mental illness;
- Communication, collaboration, and community approaches to addressing the growing needs of seniors in our community;
- Student presentations surrounding their success at implementing/designing approaches to working with our frail aging population and their many different obstacles, i.e., loss, mobility, mental health, physical health, and safety;
- An overview of current literature surrounding treating seniors with mental health issues;
- An interdisciplinary approach to addressing aging populations;
- A sample of a group experience/material; and
- A concluding discussion and explanation as to how to take session material and ideas back to practice or an agency and apply new ideas when working with seniors.

Ryan Engar, LCSW, received his undergraduate education from Arizona State University and completed his graduate studies at the University of Utah. For the past four years he has been the director of the Neighbors Helping Neighbors program. Neighbors Helping Neighbors is a non-profit agency whose mission is to keep seniors in their own homes for as long as possible while maintaining their quality of life. Mr. Engar's interests are in mental health and aging. He is instrumental in providing mental health services to seniors in senior centers across Salt Lake County.

Workshop

11

Recognizing Depression in Community Dwelling Older Adults

Thursday, June 4, 2009; 12:00 pm to 5:00 pm

4.0 NASW/UPA Endorsed Continuing Education Units

This course will discuss the prevalence of depression in community dwelling elders in Salt Lake County, and identify demographic and social variables that are associated with depression in this population, based on the results of a recently completed study (2008). Myths of how depression affects this group will be highlighted, as well as coping methods used by this population to manage their depressive symptoms. Effective intervention modalities will be discussed.

Fran Wilby, CSW, PhD, has worked in the aging field for approximately 20 years. Her experience includes work in long-term care settings including nursing homes, assisted living centers, and adult day centers. She recently completed her doctorate in social work at the University of Utah, and currently serves as associate director of the Neighbors Helping Neighbors program which assists older adults in remaining independent in the community. She is an assistant professor/lecturer at the College of Social Work. Her current research interests include mental health and aging, long-term care, and policy.

Students wishing to take the Summer Institute classes for credit, who are not current University of Utah students, or who have not attended for a period of one calendar year since their last enrollment, must apply for admission to the University of Utah in order to take Summer Institute courses at the 5860 or 6860 levels.

Tuition Rates:

5860 - see regular U of U tuition rate at

www.acs.utah.edu/tuition/t-underu.htm

6860 - see College of Social Work rate at

www.acs.utah.edu/tuition/t-gradswrk.htm

For information on the admissions process, please call

Carrie Allen at (801) 581-8913.

Five Day Morning Courses

Workshop

12

Sexual Abuse: Systems & Interventions

Monday - Friday, June 8 - 12, 2009; 8:00 am to 12:00 pm

20.0 NASW/UPA Endorsed Continuing Education Units (non credit)

U of U BSW and MSW approved elective; SW 5860-012 or SW 6860-012 (2 credits)

Effective clinical responses to sexual abuse must be administered with sensitivity, strong ethics, and knowledge of both the systems and science of sexual abuse. The complex psychological aftereffects of sexual abuse are mirrored in various systems that interface with victims and offenders of sexual abuse. To effectively intervene in the field of sexual abuse, it is vital to understand how the interrelated systems of law enforcement, the court, child protective services, corrections, and specialized treatment providers work (or don't work) together. Too often the systems that treat the victims and offenders are estranged this fragmentation results in adverse outcomes for both populations.

This course will provide an overview of the systems that respond to sexual abuse in our communities and interventions that treat children, families, and adults impacted by sexual abuse. This course will critically examine the current state of sexual abuse treatment and propose a more integrated model that places safety, treatment, and prevention of sexual abuse at the center of both victim/survivor and offender treatment. Evidence-based treatments for sexual abuse victimization and perpetration, the use of specialized psychometric instruments to assess risk of re-offense in offenders, and the traumatic effects of abuse in victims will be presented. Class lecture will be supplemented with expert guest speakers working in the investigation, prosecution, assessment, and treatment of sexual abuse.

Rob Butters, LCSW, is an assistant professor/lecturer at the University of Utah College of Social Work, and the clinical director of Life Matters Counseling & Health Center, an outpatient mental health clinic in Salt Lake City. Mr. Butters has worked in the field of sexual abuse for over 12 years. He is currently the co-chair of the Network on Juveniles Offending Sexually (NOJOS) and the co-originator of the newly formed Sexual Abuse Services Network of Utah (SASNU). Both organizations are working to create a more comprehensive network of services for victims and offenders of sexual abuse. Mr. Butters received his bachelor's degree in psychology and master's degree in social work from the University of Utah, and is currently a doctoral candidate in College of Social Work.

Workshop

13

Differential Diagnosis of Severe and Persistent Mental Disorders

Monday - Friday, June 8 - 12, 2009; 8:00 am to 12:00 pm

20.0 NASW/UPA Endorsed Continuing Education Units

U of U BSW and MSW approved elective; SW 5860-013 or SW 6860-013 (2 credits)

Differential diagnosis can be extremely difficult at times. A client's diagnosis is frequently modified as more information is obtained in the course of treatment. Determining the most accurate diagnosis can be a challenge. This course will cover differential diagnosis of personality, mood, psychotic, and selected anxiety disorders as they relate to differential and dual diagnoses.

Cathie Delewski, DSW, LCSW, is a crisis/trauma social worker at University of Utah Hospital Emergency Department. She has over 25 years of experience working with individuals with psychiatric disorders in a variety of clinical settings. She has taught DSM classes for the past 16 years. Dr. Delewski is an adjunct associate professor at the University of Utah College of Social Work. She is a former assistant professor at the U of U and at the University of Maryland Baltimore School of Social Work.

Workshop

14

Motivational Interviewing

Monday - Friday, June 8 - 12, 2009; 8:00 am to 12:00 pm

20.0 NASW/UPA Endorsed Continuing Education Units

This five day course is designed for community service providers to learn the principles, philosophy, and skills of Motivational Interviewing, and review application of Motivational Interviewing in a variety of clinical settings.

Training will include:

- * Rationale and background research
- * The skills and techniques of Motivational Interviewing
- * Review of counseling skills from a Motivational Interviewing perspective
- * A structured menu of strategies for brief Motivational Interviewing intervention
- * Videotape demonstrations of the application of Motivational Interviewing
- * Application of Motivational Interviewing skills in a variety of settings

Participants who complete the workshop will be able to:

- * Identify and apply the principles of Motivational Interviewing
- * Avoid common traps that can interfere with or decrease client's motivation
- * Identify and apply opening strategies which can enhance motivation
- * Learn strategies for identifying and handling resistance
- * Recognize and enhance client readiness to take action
- * Help clients recognize and decrease ambivalence about changing
- * Use Motivational Interviewing strategies to foster and maintain behavior change
- * Learn about other methods of persuasive communication

Brad Lundahl, PhD, is an assistant professor at the University of Utah College of Social Work. He earned a PhD in clinical psychology in 2004 from Northern Illinois University where his research focused on parenting, disruptive behavior disorders in children, and motivation. Since earning his MSW from the University of Utah in 1995, he has worked with families, individuals, and groups in agencies and in private practice. Dr. Lundahl is a member of the Motivational Interviewing Network of Trainers. He has completed several trainings in Motivational Interviewing, including the Network of Trainers program where he learned from seasoned trainers including the founding father of Motivational Interviewing, Dr. William Miller. Dr. Lundahl has taught several semester-long courses on Motivational Interviewing as well as training several agencies in Utah and the Intermountain West, including Utah's Division of Child and Family Services. In addition to teaching Motivational Interviewing and using it in his practice, Dr. Lundahl is beginning to research aspects of Motivational Interviewing.

Temperatures can fluctuate dramatically in June. Please dress in layers, anticipating the possibility that buildings may be cold.

Five Day Morning & Afternoon Courses

Workshop
15

Healthy Sexuality Across the Lifespan

Monday - Friday, June 8 - 12, 2009; 8:00 am to 12:00 pm

20.0 NASW/UPA Endorsed Continuing Education Units

U of U BSW and MSW approved elective; SW 5860-015 or SW 6860-015 (2 credits)

In this class, participants will be given models of assessing and fostering the multidimensional sexual development of people across the lifespan. Human sexuality is conceptualized as a lifelong process involving the physical, emotional, cognitive, social, moral, and spiritual dimensions of development. Topics will include healthy sexuality, sexual diversity, multidimensional intimacy, the sexuality of children and adolescents, sexuality in long-term loving adult relationships, and sexuality and aging. Emphasis will be placed upon applying models to actual practice populations. Teaching methods will include presentations, dialogue, and in-class exercises.

David Derezotes, PhD, LCSW, is a professor at the University of Utah College of Social Work and chair of the practice and mental health committees. He teaches a capstone class in the University of Utah's Peace and Conflict Studies program and is clinical supervisor at the Indian Walk-In Center. Dr. Derezotes is also vice president of the board of Chamade, a local nonprofit organization dedicated to fostering dialogue and bridging divides in Utah. He does consultations and maintains a private practice.

Workshop
16

Adolescent Self-Harm, Suicide, and Emerging Borderline Personality

Monday - Friday, June 8 - 12, 2009; 1:00 pm to 5:00 pm

20.0 NASW/UPA Endorsed Continuing Education Units

U of U BSW and MSW approved elective; SW 5860-016 or SW 6860-016 (2 credits)

This workshop is for mental health professionals and students who plan to counsel adolescents, whether in outpatient, residential, school, private, or community settings. Who engage in self-injury and suicidal gestures. This workshop will explore the correlates of adolescent self-injury and suicide, assessment and diagnostic best practices, and treatment considerations that regulate negative mood states and modify self-destructive cognitive schemas. Participants will enjoy a rich, dynamic, and interactive experience by analyzing case studies, applying video scenarios, and exploring theoretical discussion regarding the development of borderline personality in adolescents.

Participants will learn the nature of self-injurious behaviors as expressed by emotionally and behaviorally disturbed adolescents. Similarities and differences between male and female self-injurious behaviors will be explored. Specifically, cognitive, behavioral, and affective regulation interventions will be discussed in the context of culture. Individual, group, and family counseling interventions are presented. Ethical issues regarding confidentiality and duty to warn will be discussed. This evidence-based workshop draws upon published literature in peer reviewed journals and guidelines for adolescent treatment as established by the American Psychological Association and the American Counseling Association. This workshop will not address self-injurious behaviors displayed in adults.

Jason King, LPC, CCMHC, ACS, has extensive experience working with child welfare caseworkers, probation officers, and juvenile judges in working with adolescents who are court involved, incarcerated, and family displaced youth. Mr. King has doctoral education in child and adolescent counseling from Capella University. He is an area chair for the CACREP mental health-counseling program at the University of Phoenix, Utah Campus. Mr. King is co-owner of Life Enhancement Center in Provo, Utah, a successful outpatient practice specializing in the treatment of adolescents and families.

Workshop

17

Positive Psychology: A Primer for Obtaining Positive Treatment Outcomes

Monday - Friday, June 8 - 12, 2009; 1:00 pm to 5:00 pm

20.0 NASW/UPA Endorsed Continuing Education Units

U of U BSW and MSW approved elective; SW 5860-017 or SW 6860-017 (2 credits)

This class will provide an introduction and history of positive psychology. Participants will learn how to foster positive emotions, positive traits, and positive institutions within their clients. Participants will enjoy a rich, dynamic, and interactive experience, learning how to write treatment plans from a positive psychology perspective, and how to use various available measurements of well-being. Topics to be covered include positive psychology in clinical practice, forgiveness as a therapeutic tool, and the three-person model of therapy.

This class is designed for mental health professionals and students who (will) counsel in outpatient, residential, school, private, and community settings. It is also well suited for caseworkers working with families in the community. At the end of this workshop, participants will understand the nature of positive psychology in comparison to abnormal psychology.

This evidence-based workshop draws upon published literature in peer reviewed journals and guidelines for treatment as established by the American Psychological Association.

Russell C. Gaede, PsyD, earned his doctorate in clinical psychology, a certificate in marriage and family therapy, and a master's degree in mental health counseling. His broad experience includes both residential and outpatient practice. He is currently the executive director of the Life Enhancement Center in Provo, Utah. Dr. Gaede teaches courses in behavioral science at Utah Valley University and regularly presents on various mental health and marriage and family topics around the country. Dr. Gaede currently serves on the state licensing board for Licensed Professional Counselors.

Summer Institute lodging is available at the University Guest House at reasonable rates. Please call (888) 416-4075 for reservations.

Five Day Afternoon Courses

Workshop

18

The Inner Child: Early Developmental Influence Across the Lifespan

Monday - Friday, June 8 - 12, 2009; 1:00 pm to 5:00 pm

20.0 NASW/UPA Endorsed Continuing Education Units

U of U BSW and MSW approved elective; SW 5860-018 or SW 6860-018 (2 credits)

In this experiential course, various child development theories and their implications in practice with children, adolescents, and adults will be examined. Classic models of development from Anna Freud, Margaret Mahler, John Bowlby, and Donald Winnicott, current infant and child research from Beatrice Beebe and Ed Tronick. Participants will learn through interactive exercises, videotapes, and direct observation how these theories inform and underlie clinical treatment with all populations to provide a current, evidence-based approach to practice.

Joanna Bettmann, PhD, is an assistant professor at the University of Utah College of Social Work. She maintains a private practice with adolescents and young adults in Salt Lake, and also serves as the research director for Open Sky Wilderness Therapy in Durango, Colorado. She received her master's in social work from the University of Utah and her PhD from Smith College School for Social Work. Dr. Bettmann researches attachment relationships in a range of populations, and has published numerous articles on attachment.

Emily Bleyl, LCSW, is a practicing therapist in Salt Lake City and a clinician with the University of Utah Crisis Psychiatric Service. She also serves as the interim executive director of the Utah Chapter of the National Association of Social Workers. She received her master's in social work from the University of Utah, and did concurrent postgraduate fellowships at Yale Child Study Center and Yale Ziegler Center for Child Development and Social Policy.

If you find you cannot attend, and cancellation becomes necessary, you must formally withdraw from your classes. Please call (801) 581-8913 for assistance with this process. Please see the cancellation policy on page 22.

Workshop

19

Infant Adoption Training

Monday - Friday, June 8 - 12, 2009; 1:00 pm to 5:00 pm

20.0 NASW/UPA Endorsed Continuing Education Units

U of U BSW and MSW approved elective; SW 5860-019 or SW 6860-019 (2 credits)

The Infant Adoption Training is a nationwide unified curriculum developed through a grant awarded by the U.S. Department of Health and Human Services. This curriculum is designed to assist care providers in giving adoption information and referrals to pregnant women on an equal basis, with all other courses of action included in non directive counseling. The training content includes:

- 1) An introduction to providing pregnancy options counseling;
- 2) Adoption practice;
- 3) Social, cultural, and personal influences;
- 4) Adoption law and procedure;
- 5) Non-directive techniques for informed decision-making; and
- 6) Resource and referrals.

This class will include interactive panels with birth parents, adoptive parents, and adoptees. Participants will also participate in role play exercises to assist them in developing assessment, options counseling, and referral skills for working with prospective clients.

Jodi Grizzle, LCSW, graduated with her master's in social work in 2004, from the University of Utah. Following graduation, Ms. Grizzle worked with homeless youth in Chicago, before joining the Children's Service Society (CSS) in spring 2006. At CSS, Ms. Grizzle has gained experience working with both birth parents and adoptive families. She began working as a statewide recruiter and trainer for the Infant Adoption Awareness Initiative in fall 2007. She has been working in social services since 1997, and has experience working in community-based, correctional and residential treatment program settings serving youth and families.

Meals and snacks for breaks are not provided during the Summer Institute. Participants are on their own. Vending machines are available. Several dining locations are within walking distance, or just a short drive from campus. A list of nearby eateries will be available at the Information/Registration Desk in room 112 (student lounge) in the Social Work Building.

Three Day Morning Course

Workshop

20

Finding the Best Evidence

Tuesday - Thursday, June 9 - 12, 2009; 8:00 am - 12:00 pm

12.0 NASW/UPA Endorsed Continuing Education Units

Hearing a lot of “buzz” about evidence-based practice, but you don’t know what it is or what the big deal is? Getting some pressure from administration or insurance companies to use only those treatments that are “proven?” Do you want to impress your friends and colleagues with your cutting-edge knowledge about what we know and what we don’t know about social work interventions? Then this may be just the opportunity you’re looking for!

This course will introduce participants to concepts and procedures of “evidence-based practice.” Content will include an overview of the rationale for and procedures of evidence-based practice in social work and related professions. Topics will include the formulation of questions, and the use of research databases and other sources to identify research evidence, and to appraise it for scientific validity and applicability to their clients and agency. In addition, participants will learn to access evidence in the form of systematic reviews, such as those available through the Cochrane and Campbell Collaborations.

The course is taught over three days, in four hour segments, so that participants can think about what they’ve learned before they return for more content, and to provide, hopefully, for greater integration of knowledge and skill development.

Joanne Yaffe, PhD, ACSW, is an associate professor at the University of Utah College of Social Work, where she has served on the faculty since 1987. She currently serves as chair of the research curriculum, and teaches research courses in both the master’s and doctoral programs. She studies intervention research, evidence-based practice, internet applications in social work and social work education, and program evaluation. She is serving on the editorial board for the Campbell Collaboration. Apart from these attributes, she’s actually known for being an engaging instructor who makes most people smile, if not laugh out loud, while they are learning.

Non College Credit Registration Form

25th Annual Summer Institute

Name: _____
Last First Middle

Organization: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

E-mail REQUIRED: _____

Workshop	Non-Credit Fee	Total
A Whole New Life - W. Lustbader		
Creative Expression for Psychosomatic Healing - S. McQuade		
Therapy with Survivors of Sexual Violence - D. Thomas, et al.		
Ethical and Legal Concerns - S. Weil		
What Do I Do & Where Do I Go? - S. Bruinsholz		
Graying in Utah - L. Martinez, et al.		
Working with Adult Survivors of Sexual Abuse - J. Brady		
The ABC's of Play Therapy - C. Mellenthin		
Long Term Care Trends - F. Wilby		
Reaching Seniors at Their Center - R. Engar		
Recognizing Depression in Older Adults - F. Wilby		
Sexual Abuse: Systems & Interventions - R. Butters		
Differential Diagnosis - C. Delewski		
Motivational Interviewing - B. Lundahl		
Healthy Sexuality Across the Lifespan - D. Derezotes		
Adolescent Self-Harm - J. King		
Positive Psychology - R. Gaede		
The Inner Child - J. Bettman & E. Bleyl		
Infant Adoption Training - J. Grizzle		
Finding the Best Evidence - J. Yaffe		
GRAND TOTAL		

Payment:

Check # _____ (Make checks payable to the "College of Social Work", TID 87-6000525)

Mail to: PACE, College of Social Work,
 395 South 1500 East, Room 224, Salt Lake City, UT 84112-0260

*Easy and secure online credit card registration available at
www.socwk.utah.edu/pace*

Call for Course Proposals

for the University of Utah College of Social Work
26th Summer Institute in the Human Services
May 31 - June 11, 2010

The Professional and Community Education (PACE) program at the University of Utah College of Social Work will accept course proposals for the 26th Summer Institute in the Human Services between August 1 and October 31, 2009. The Summer Institute offers skill-based, intensive courses to professionals (primarily social workers, licensed professional counselors, and psychologists) from around the country. These affordably-priced courses cover a range of topics that include traditional intervention models, cutting-edge trends, evidence-based practice models, and non-traditional methods, designed to benefit both clients and caregivers.

Proposals for 2010 Summer Institute courses should include:

- * Proposed title for course
- * Description of course
- * Approximate time format
(8 hours, 12 hours, 20 hours)
- * Curriculum Vita/Resume of instructor(s)
- * Short bio of instructor(s)
- * Evidence-based information
- * Risks and benefits and target audience information for nontraditional course proposals

Course proposals should be submitted to Farrina Coulam before October 31, 2009.

Course proposals can be submitted via:

- * Email - farrina.coulam@socwk.utah.edu
- * Mail - Farrina Coulam
University of Utah,
College of Social Work
395 South 1500 East, Room 225
Salt Lake City, UT 84112

For information about past Summer Institutes, please visit the PACE website at www.socwk.utah.edu/pace.

Submitting a course proposal does not guarantee the course will be accepted as part of the 2009 Summer Institute in the Human Services. Individuals will be notified as to the status of their proposed course by December 15, 2009. Questions regarding the submission of a course proposal should be directed to Farrina Coulam (801) 581-4428 or farrina.coulam@socwk.utah.edu.

**DID YOU ATTEND THE FIRST SUMMER INSTITUTE IN THE HUMAN SERVICES?
ARE YOU IN THIS PICTURE???**



While cleaning out the closet, we found this photo of the first Summer Institute in 1984! We were so excited! However, we did not recognize anyone in the picture. If you recognize yourself in the photo above, please mark yourself on the photograph and send this page in with your registration form for 10% off of your registration.

Name: _____

If you recognize someone else in this photo, please let us know. Thanks for your help!

Registration Frequently Asked Questions

1. What is the current fee for Summer Institute classes?

Non-Credit Workshops: Listed for each individual course, see page 2.

Please note this year's Early Bird, Regular, and Onsite tuition rates.

For-Credit Tuition: 5860 courses, see www.acs.utah.edu/tuition/t-underu.htm

6860 courses, see www.acs.utah.edu/tuition/t-gradswrk.htm

2. How do I take classes in the second week for university credit?

If you are not currently an admitted University of Utah student, but wish to take a class for-credit, you must apply for admission. Students who are not current University of Utah students, or who have not attended for a period of one calendar year since their last enrollment, must apply for admission to the University of Utah in order to take Summer Institute courses at the 5860 or 6860 levels. For information on the admissions process, please call Carrie Allen at (801) 581-8913.

3. How do I register for classes onsite?

Onsite registration will be available throughout the Summer Institute; however, advance registration is encouraged to assure seating availability. Please go to the Information/Registration Desk in room 112 (student lounge) in the College of Social Work at least 30 minutes prior to the beginning of the first day of the class you wish to attend. This type of registration is available for all payment options and registration options, with the exception of students wishing to take the classes for university credit. To ensure your class selections are available, it is highly recommended that you call (801) 581-6192 before coming to campus to register onsite. If you will be registering onsite you will be charged the late registration fee.

4. How do I Receive NASW/UPA Endorsed Continuing Education Units?

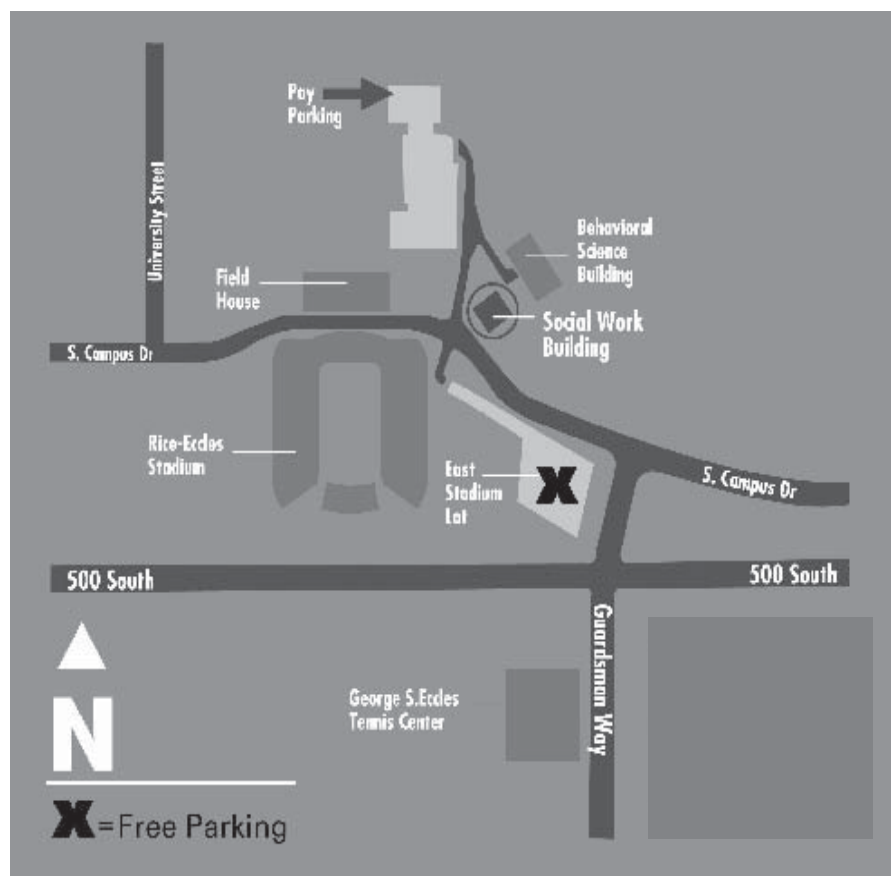
Continuing Education Units (CEUs) have been approved for all courses. There will be forms available at the Information/Registration Desk in the Social Work building, room 112. *Individuals seeking CEUs will need to fill out one of these forms indicating courses for which they are seeking CEU credit.* The College of Social Work will verify length of attendance for each course and mail the certificate by July 31, 2009. The number of available hours of CEU credits, approved by the Utah Chapter of the National Association of Social Workers (NASW) for social workers (and allied professions, such as LPCs), and endorsed by the Utah Psychological Association (UPA) for psychologists, are listed on each individual course. There is no additional charge for CEU certification.

5. Where do I park?

Free parking for Summer Institute courses will be available in the East Stadium parking lot. Participants may park at their own expense in the Marriott Library/Bookstore pay parking lot.

Handicap parking is available in the parking lot adjacent to the Social Work building, but requires a University of Utah guest permit - please call Carrie Allen (801) 581-8913 for more information. Parking is not permitted at reserved spaces, fire lanes, or red curbs.

If participants park anywhere other than the above mentioned reserved lot, the participants are responsible for parking tickets, fines, or hourly-rates (in pay parking lots).



6. What if I need to cancel my registration? What's the policy? What about substitutions?

If you cannot attend a workshop for which you are registered, you must formally cancel your registration. You will be charged a cancellation fee: ten (10) working days prior to the start of a course is \$25, five (5) working days prior to the start of a course is \$50, on the first day of the course or later, full tuition. Failure to cancel a course for which you are registered will result in an obligation to pay full tuition. Under certain circumstances, you may arrange for a substitute to come in your place. Call Carrie Allen at (801) 581-8913 for details. Credit card refunds will be credited back to the card.

7. Will my Summer Institute course certify me as an expert or trainer in a modality?

No, certification as a trainer is only granted through the appropriate national organization.

8. Where and how do I make lodging reservations for Summer Institute?

Participants are responsible for arranging their own lodging. Convenient on-campus accommodations are available at the University Guest House. For reservations, call (888) 416-4075 or (801) 587-1000. For rates and more information about the Guest House please visit www.guesthouse.utah.edu.

9. Are there any discounts for Summer Institute courses?

Yes! There are actually several ways to take Summer Institute courses at reduced tuition rates:

REGISTER EARLY!!! - Save up to \$60 by registering by Thursday, April 30, 2009 or save up to \$30 by registering by Saturday, May 23, 2009.

Alumni Association – Members of the University of Utah College of Social Work's Alumni Association can receive a 25% discount on non-credit Summer Institute courses. This discount cannot be applied to courses taken for credit. For information about the College of Social Work Alumni Association, visit www.socwk.utah.edu/alumni or call the College of Social Work at (801) 581-8455

Student Volunteers – Full-time students of any Utah college or university can apply to volunteer for a Summer Institute course. If selected, the student is able to sit in on the selected Summer Institute course at no charge. Student volunteers may volunteer for one class only, and are responsible for checking in/out course participants and for assisting the instructor as needed. For information about being a student volunteer, please call (801) 581-8913. We will not be utilizing volunteers from community organizations this year.

Scholarships - The W.D. Goodwill Initiatives on Aging is offering scholarships for individuals in need of funding for workshops in the Silver Track. Scholarship applications are due on May 1, 2009. For more information, please e-mail carrie.allen@socwk.utah.edu requesting an application packet.

NOTE: House Bill (HB) 60 will no longer be accepted for any workshop or class in the Summer Institute.

10. Where will my class meet?

Summer Institute classes will meet in either the original Social Work building, the new Goodwill Humanitarian building or the Social and Behavioral Sciences building. Classrooms are assigned only a few days before the start of the Summer Institute. To find your classroom, please go to the Registration and Information Desk in room 112 (Student Lounge) of the Social Work building. Classes and their assigned meeting rooms will be posted.

11. What if I still have questions?

Try looking at our web site www.socwk.utah.edu/pace, or talk to Carrie Allen by calling (801) 581-8913 or e-mail her at carrie.allen@socwk.utah.edu.

AMERICANS WITH DISABILITIES ACT: The College of Social Work seeks to provide equal access for people with disabilities. If you will need accommodations, please provide reasonable prior notice to the program coordinator, by calling (801) 581-8913.

UNIVERSITY POLICIES REGARDING NONDISCRIMINATION AND AFFIRMATIVE ACTION: The University of Utah is committed to policies of equal opportunity and affirmative action and prohibits discrimination on the basis of race, national origin, sex, sexual orientation, age, or status as a person with a disability.