

ALCOHOL AND DRUG ABUSE TREATMENT TRAINING CERTIFICATE PROGRAM

Onsite

*Now admitting
two cohorts
per year!*



COLLEGE OF SOCIAL WORK • UNIVERSITY OF UTAH
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SALT LAKE CITY • UTAH • 84112-0260
(801) 581-8913 • WWW.SOCWK.UTAH.EDU/PACE

This program includes twelve courses aimed at teaching a solid knowledge base, developing treatment skills, providing professional growth, and promoting evidence-based service delivery to alcohol and drug abuse clients and their families. Options are available for licensed professionals, graduate students, and matriculated undergraduate students to enroll in two courses without applying to the year-long program. Successful completion of this program satisfies the educational and field training/practicum requirements for licensing as a substance abuse counselor.

Individuals holding a masters degree in social work, professional counseling or marriage and family therapy needing education in substance abuse therapy have three classes available to them at the masters level. For more information please call Carrie Allen at 801-581-8913 or e-mail carrie.allen@utah.edu

The mission of the Alcohol and Drug Abuse Treatment Training Certificate Program is to enhance the quality of substance abuse treatment and care delivery in the state of Utah by providing comprehensive training in drug and alcohol treatment. This university-based program is open to practitioners working in settings in which substance abuse problems are prevalent, and to those persons interested in pursuing a career in substance abuse counseling.

University of Utah students are encouraged to take the certificate program, which also fulfills upper division credit hour requirements, to enhance their educational goals and post graduation employability. The University Certificate in Alcohol and Drug Abuse Treatment was approved to begin 2006/2007 through the Utah Board of Regents with the certificate appearing on official transcripts under the heading Honors and Awards for undergraduate students.

The Alcohol and Drug Abuse Treatment Training Certificate Program, developed in cooperation with the Utah Division of Substance Abuse and the Professional and Community Education program within the University of Utah's College of Social Work, provides an opportunity for students to learn directly from the knowledge and experience of professionals and specialists in the substance abuse and chemical dependency field. Through the application of college-level didactic instruction and experiential techniques, instructors present a broad range of subjects including: the addiction process and its mental health connections, treatment philosophies and modalities leading to recovery, pharmacology and neurochemistry, 12 core counselor functions, evidence-based intervention strategies, professional development, and in-field training.

Upon successful completion of this 23-credit hour program, students receive a certificate that attests to the completion of program curriculum. Additional requirements must be met to become a Licensed Substance Abuse Counselor (LSAC). To receive information on Substance Abuse Counselor licensure requirements, go to www.dopl.utah.gov/licensing/substance_abuse_counseling.html, or contact the Utah Division of Occupational and Professional Licensing at (801) 530-6628. For information on the Association of Utah Substance Abuse Professionals (AUSAP), call (801) 552-7762.

WHO SHOULD APPLY?

This program is appropriate for persons who wish to work in settings in which alcohol and drug problems impact service delivery. The Alcohol and Drug Abuse Treatment Training Certificate Program is designed for:

- Non-degree and bachelor-degree students interested in pursuing a career in alcohol and drug abuse counseling.
- Students working toward an advanced degree (eg. Social Work, Psychology, Educational Psychology, Family and Consumer studies, etc.), who desire knowledge and skills in alcohol and drug abuse treatment.

Individuals wishing to learn more about the profession of substance abuse treatment may want to view the National Association of Alcohol and Drug Abuse Counselors (NAADAC) website, www.naadac.org.

University Policies Regarding Equal Opportunity and Affirmative Action: The University of Utah is committed to policies of equal opportunity and affirmative action and prohibits discrimination on the basis of race, national origin, sex, sexual orientation, age, or status as a person with a disability (801-581-8365). In addition, the University seeks to provide equal access to its programs, services, and activities for people with disabilities. For more information, please call the Center for Disability Services at (801) 581-5020.

Students working toward or with a bachelor's degree, as well as those with a high school diploma or a GED, can apply. The courses in the program are designed to be taken in the sequence listed. Students must successfully complete each semester (no course grade less than a C-) before moving on to the next semester's classes. Students who do not receive passing grades must wait until the next year and retake those classes before proceeding to the next semester of the program.

Every effort is made to hold classes Tuesday and Thursday evenings (approximately 5:00 pm-10:00 pm); however, class days and times are subject to change. Two 2-day Saturday non-credit workshops are also required.

Students must complete a total of 300 hours of field training, necessary for licensure, throughout the program. Students unable to complete 300 hours must register for an additional semester before final certificate of completion will be granted. The certificate will list the number of practicum hours completed (up to 300). Students may not complete internship hours at an agency where they are employed, have been in treatment, where a family member has been in treatment or where the student's family members or friends have a financial interest in the agency.

Students are expected to complete the Alcohol and Drug Abuse Treatment Training Certificate Program in one year (three semesters). Exceptions to this policy may be granted only upon written request to the Director. In cases where an extension is granted, the student must complete the program within a maximum of two (2) years.

FACULTY

Tracy Anderson, MSW, LCSW, Clinical Director, Alpine Center for Personal Growth

Mike Dusoe, PhD, LCSW, Executive Director, A/D Psychotherapy & Clinical Consultants, Inc.

David Felt, MSW, LCSW, CAC, Treatment Program Administrator, State Division of Substance Abuse & Mental Health

Glen Lambert, MSW, LCSW, MSWAC, Private Practice

Denise Leavitt, MSW, CSW, Justice Program Manager, Utah Division of Substance Abuse and Mental Health

Joel Millard, DSW, LCSW, Executive Director, Project Reality

Alice Parkinson, MS, APRN, Private Practice, Psychiatric/Mental Health Clinical Specialist

Beverly Roesch, MSW, LCSW, Clinical Director, Cirque Lodge

Eric Schmidt, MSSW, MBA, LCSW, Chief Executive Officer, New Roads Treatment Centers

Christopher Stock, Pharm D, Clinical Pharmacist, Substance Abuse Programs, Veterans Affairs Medical Center

Barbara Sullivan, PhD, Associate Director, Utah Addiction Center, University of Utah

Administrative Personnel:

Farrina Coulam, LCSW, Program Director
(801) 581-4428 or farrina.coulam@socwk.utah.edu

Carrie Allen, BS, Program Coordinator
(801) 581-8913 or carrie.allen@socwk.utah.edu

Students should understand that this program is an upper-division university-level program. Students are expected to prepare themselves for the expectations and academic rigor of this level of college work. It is highly recommended, though not required, that applicants have at least one to two years post secondary education. It is also highly recommended that students without higher education experience take a college/university course prior to applying to the program, and become familiar with University life, rules, regulations, and processes. These classes should be taken for credit and appear on an official transcript.

Applicants must have 1) a high school or undergraduate GPA of a least 2.5 (exceptions may be granted based on individual circumstances), 2) strong application materials, which include official transcripts, a personal essay addressing questions outlined in the admission packet, and professional and/or academic letters of recommendation, and, 3) recommendation of the program admission committee of the Professional and Community Education Program. An applicant may be a matriculated undergraduate student, a non-matriculated student at the University of Utah, or a continuing education (non-credit) student.

This brochure is neither a contract nor an offer of a contract. The information it contains was accurate at the time of printing. Fees, deadlines, program requirements, faculty and other matters in this brochure may change without notice. For current information visit our website at www.socwk.utah.edu/pace.

It is highly recommended that applicants are at least two years post completion of treatment before applying to the program. Experience in providing this program since 1987 has demonstrated that those students who have been in recovery and post completion of treatment for at least two years have better academic and career outcomes. In addition, students are advised that past or future substance abuse, or criminal activity, may limit or prevent them from securing an internship, which is required for completion of the program. In addition, the student may be ineligible to receive a state license to practice, or obtain employment in the field. For more information, contact the Division of Occupational and Professional Licensing at (801) 530-6628 or visit www.dopl.utah.gov/licensing/substance_abuse_counseling.html.

COURSE SCHEDULE

FIRST SEMESTER

SW703/5703/803/6803 – Introductory Neurochemistry & Pharmacology (2 CR). Taught Fall Semester only. Students will learn basic neurochemistry of the processes of addiction. This will be followed by an overview of the pharmacology of psychoactive drugs. A review of classes of psychotropic medications and pain medications will be provided.

SW704/5704/804/6804 – Dynamics of Addiction (2 CR). This course will provide students an opportunity to look at the dynamics of substance abuse as they impact on and are impacted by intrapsychic development, family relationships, treatment and prevention programs, and federal policy makers, across the lifespan.

SW705/5705/805/6805 – Applied Skills & Professional Ethics (2 CR). This hands-on, experiential course gives students basic knowledge and an overview of the addictions field, placing a strong emphasis on the ethical standards that guide practice.

SW708 – Assessment and Placement Lab (N/C). This two-Saturday workshop is designed to train students in the use of the nationally recognized and state mandated assessment tool for addictions. Instruments that assess use, abuse, and dependency for alcohol and drugs, including implications for level of care treatment.

SW711/5711/811/6811 – Functions and Recovery III (2 CR). This course provides students with the key concepts and proficiency skills necessary to serve as substance abuse counselors in their practicum placements and in the field upon graduation. These include the twelve core functions of substance abuse counseling, and a thorough understanding of prevention strategies.

SW710/5710/810/6810 – Field Training III (1 CR). Students are provided supervised field experience with alcohol/drug cases in a community substance abuse services agency. Students will be required to apply the key concepts of this course series and will demonstrate an understanding and proficient level of skill in the twelve core functions of substance abuse counseling. Students are required to complete the first 50 field hours of their practicum requirement.

SECOND SEMESTER

SW701/5701/991/6991 – Individual Counseling (2 CR). Students will be introduced to individual counseling strategies, such as counseling and interviewing methods, values and ethics, effective intervention techniques, developing psychosocial substance abuse assessments, and the overall process and strategy of individual counseling.

SW707/5707/997/6997 – Group Approaches (2 CR). Students will be introduced to basic group counseling strategies and provided with the knowledge and skills to effectively lead a group counseling session for individuals with substance abuse issues, including instruction in the efficacy of group counseling, facilitation skills, the therapeutic processes, and outcome research on group processes.

SW712/5712/812/6812 – Functions and Recovery I (2 CR). This course provides students with the key concepts and proficiency skills necessary to serve as substance abuse counselors in their practicum placements and in the field upon graduation. These include the twelve core functions of substance abuse counseling, and a thorough understanding of prevention strategies.

SW709/5709/809/6809 – Field Training I (2 CR). Students are provided supervised field experience with alcohol/drug cases in a community substance abuse services agency. Students will be required to apply the key concepts of this course series and will demonstrate an understanding and proficient level of skill in the twelve core functions of substance abuse counseling. Students are required to complete 100 field hours of their practicum requirement.

SW708 – Self Awareness Lab (N/C). This two-day, Saturday workshop is designed to enhance self-awareness, as well as group dynamics and process skills. This experiential workshop is an adjunct to understanding theoretical principles of treatment, learned in the core curriculum.

THIRD SEMESTER

SW702/5702/802/6802 – Professional Development (2 CR). This course is designed to help students begin the career-long task of ongoing professional development. Students will work to build their level of skill in areas such as professional communication, network building, multidisciplinary team membership, documentation/writing, and research. Students will be given the opportunity to practice solution-oriented approaches to working as professionals in the field of substance abuse counseling with an ongoing emphasis on ethical decision making. Understanding personal biases, appropriate use of disclosure, maintaining professional boundaries, and self care will be emphasized.

SW713/5713/813/6813 – Functions and Recovery II (2 CR). This course provides students with the key concepts and proficiency skills necessary to serve as substance abuse counselors in their practicum placements and in the field upon graduation. These include the twelve core functions of substance abuse counseling, and a thorough understanding of prevention strategies.

SW706/5706/806/6806 – Field Training II (2 CR). This course is designed to provide supervised field experience with alcohol/drug cases in a community substance abuse services agency. Students will be required to apply the key concepts of this course series and will demonstrate an understanding and proficient level of skill in the twelve core functions of substance abuse counseling. Students are required to complete the remaining 150 field hours of their practicum requirement.

The program should be taken as non-credit by most students, which considerably reduces the total cost. Students wishing to take the classes for credit must receive approval from the Director; exceptions include matriculated U of U students working towards a bachelor's degree or students with a bachelor's degree working on improving their GPA to apply to a graduate program.

Students with a bachelor's degree must register for the 6000-level credit course numbers or their corresponding non-credit numbers. Students without a bachelor's degree or working toward a bachelor's degree must register for the 5000-level credit course numbers or their corresponding non-credit numbers. All students must register for the Assessment and Placement Lab and Self Awareness Lab, which are offered only on a non-credit basis.

Students who are non-matriculated (have not been formally admitted to work toward a University of Utah degree) and wish to register for courses on a credit basis, must submit an Application for Permission to Register as a Non-Matriculated Student and pay a corresponding processing fee to the University's Admissions Office. The application deadline is May 1 for fall semester or October 15 for spring semester of the year for which the applicant wishes to be admitted. ***In order to qualify for this option, students must be out of high school for seven or more years or have received a bachelor's degree from a regionally accredited university or college. If students do not meet these criteria, they will be required to register for courses on a NON-CREDIT basis.***

Tuition and fees, for those seeking 5000-level credit, are consistent with standard University of Utah tuition schedules. Students taking 6000-level credit will pay according to the Graduate Social Work tuition schedule. These rates can be found on the University web page at www.utah.edu students.

Taking classes on a non-credit basis greatly reduces the cost of the program. The non-credit tuition fees per course (this amount does not include special fees, course textbooks or materials) are listed in the University of Utah Catalog and Class Schedules section of the University website (www.utah.edu). Tuition rates are adjusted annually by the Utah State Board of Regents, and are effective beginning summer semester. For the approximate tuition cost of the program, please contact Carrie Allen at (801) 581-8913 or carrie.allen@socwk.utah.edu. Although non-credit students do not receive official university grades or credit hours on an official University of Utah transcript, they are required to complete each class with C- or better coursework.

If the student requires a transcript of course letter grades for reimbursement, he/she must be admitted to the University of Utah and enroll in classes at the credit level.

APPLICATION INFORMATION

Students are admitted to the program two times per year beginning 2011/2012. Students must complete the program sequentially with the cohort to which they are admitted.

Deadline for applications: **May 1** of each year to begin fall semester or **October 15** to begin spring semester.

Early application is strongly encouraged. Applications received after the deadline of May 1 or October 15 will not be considered for that cohort. Application materials can be obtained from the College of Social Work website only (www.socwk.utah.edu/pace). The application must be submitted to:

University of Utah College of Social Work
395 South 1500 East, Room 332
Salt Lake City, UT 84112-0260

There is a non-refundable \$40 application fee for consideration of admission to the program. The University has additional fees if applying for matriculated or non-matriculated status. Late fees may apply if the applicant misses University deadlines.

Application must include:

- Completed, signed application
- Three letters of professional or academic recommendation on specific forms available on the website
- Personal statement
- Official transcripts from all Universities, Colleges or High School diploma transcripts with a GPA of at least a 2.5 or GED verification.
- \$40 application fee (Credit card, check, money order, or cash only. Please make checks payable to the “College of Social Work.” Cash accepted in-person only – do not mail.)