

ALCOHOL & DRUG ABUSE  
TREATMENT TRAINING  
CERTIFICATE PROGRAM

*Onsite*



COLLEGE OF SOCIAL WORK · UNIVERSITY OF UTAH  
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SALT LAKE CITY · UTAH · 84112-0260  
(801) 581-8913 · [WWW.SOCWK.UTAH.EDU/PACE](http://WWW.SOCWK.UTAH.EDU/PACE)

This program includes twelve courses aimed at teaching a solid knowledge base, developing treatment skills, providing professional growth, and promoting unique and effective service delivery to alcohol and drug abuse clients and their families. Options are available for licensed professionals, graduate students, and matriculated undergraduate students to enroll in two courses without applying to the year-long program.

The mission of the Alcohol & Drug Abuse Treatment Training Certificate Program is to enhance the quality of substance abuse treatment and care delivery in the state of Utah by providing basic to advanced training in drug and alcohol treatment. This university-based program is open to practitioners working in settings in which substance abuse problems are prevalent, and to those persons interested in pursuing a career in substance abuse counseling. University of Utah students are encouraged to take the certificate program, which also fulfills upper division credit hour requirements, to enhance their educational goals and post graduation employability. The University Certificate in Alcohol and Drug Abuse Treatment Training was approved to begin 2006/2007. Certificates appear on official transcripts under the heading Honors and Awards.

The Alcohol & Drug Abuse Treatment Training Certificate Program, developed in cooperation with the Utah Division of Substance Abuse and the Professional and Community Education program within the University of Utah's College of Social Work, provides an opportunity for students to learn directly from the knowledge and experience of professionals and specialists in the substance abuse and chemical dependency field. Through the application of college-level didactic instruction and experiential techniques, instructors present a broad range of subjects including: prevention, the addiction process and its mental health connections, recovery, pharmacology, core counselor functions, strategies for addressing addiction, professional development, and in-field training.

Upon successful completion of this 23-credit hour program, students receive a certificate that attests to the completion of program curriculum. Additional requirements must be met to become a Licensed Substance Abuse Counselor (LSAC). To receive information on Substance Abuse Counselor licensure requirements, go to [www.dopl.utah.gov/licensing/substance\\_abuse\\_counseling.html](http://www.dopl.utah.gov/licensing/substance_abuse_counseling.html), or contact the Utah Division of Occupational and Professional Licensing at (801) 530-6628. For information on the Association of Utah Substance Abuse Professionals (AUSAP), call (801) 552-7762.

## WHO SHOULD APPLY?

This program is appropriate for persons who wish to work in settings in which alcohol and drug problems impact service delivery. The Alcohol & Drug Abuse Treatment Training Certificate Program is designed for:

- Non-degree and bachelor-degree students interested in pursuing a career in alcohol and drug abuse counseling.
- Students working toward an advanced degree (eg. Social Work, Psychology, Educational Psychology, etc.), who desire knowledge and skills in alcohol and drug abuse treatment.
- Practitioners with advanced degrees who desire knowledge and skills in alcohol and drug abuse treatment.

Individuals wishing to learn more about the profession of substance abuse treatment may want to view the National Association of Alcohol and Drug Abuse Counselors (NAADAC) website, [www.naadac.org](http://www.naadac.org).

University Policies Regarding Equal Opportunity and Affirmative Action: The University of Utah is committed to policies of equal opportunity and affirmative action and prohibits discrimination on the basis of race, national origin, sex, sexual orientation, age, or status as a person with a disability (801-581-8365). In addition, the University seeks to provide equal access to its programs, services, and activities for people with disabilities. For more information, please call the Center for Disability Services at (801) 581-5020.

Students working toward a bachelor's degree, with a bachelor's or master's degree, as well as those with a high school diploma or a GED, can apply. The courses in the program are designed to be taken in the sequence listed. Students must successfully complete each semester (no course grade less than a C-) before moving on to the next semester's classes. Students who do not receive passing grades must wait until the next year and retake those classes before proceeding to the next semester of the program.

Every effort is made to hold classes Tuesday and Thursday evenings (approximately 5:00 pm-10:00 pm); however, class days and times are subject to change. Two 2-day Saturday non-credit workshops are also required.

Students must complete a total of 300 hours of field training, necessary for licensure, as part of Spring and Summer Semester course work. Students unable to complete 300 hours Spring and Summer Semesters must register for Functions and Recovery III and Field Training III Fall Semester before final certificate of completion will be granted. The certificate will list the number of practicum hours completed (up to 300). Students may not complete internship hours at an agency where they are employed, have been in treatment, or where a family member has been in treatment.

Students are expected to complete the Alcohol and Drug Abuse Treatment Training Certificate Program in one year. Exceptions to this policy may be granted only upon written request to the Director. In cases where an extension is granted, the student must complete the program within a maximum of two (2) years.

## FACULTY

**Tracy Anderson, MSW, LCSW**, Clinical Director, Alpine Center for Personal Growth

**Mike Dusoe, PhD, LCSW**, Executive Director, A/D Psychotherapy & Clinical Consultants, Inc.

**David Felt, MSW, LCSW, CAC**, Treatment Program Administrator, State Division of Substance Abuse & Mental Health

**Glen Lambert, MSW, LCSW, MSWAC**, Private Practice

**Joel Millard, DSW, LCSW**, Executive Director, Project Reality

**Alice Parkinson, MS, APRN**, Assistant Professor, College of Nursing, University of Utah

**Beverly Roesch, MSW, LCSW**, Clinical Director, Cirque Lodge

**Eric Schmidt, MSSW, MBA, LCSW**, Chief Executive Officer, New Roads Treatment Centers

**Christopher Stock, Pharm D**, Clinical Pharmacist, Substance Abuse Programs, Veterans Affairs Medical Center

**Barbara Sullivan, PhD**, Associate Director, Utah Addiction Center, University of Utah

**Sabine Weil, LPC, NCC**, Clinical Director, Turning Point Centers

Administrative Personnel:

**Farrina Coulam, LCSW**, Program Director  
(801) 581-4428 or [farrina.coulam@socwk.utah.edu](mailto:farrina.coulam@socwk.utah.edu)

**Carrie Allen, BS**, Program Coordinator  
(801) 581-8913 or [carrie.allen@socwk.utah.edu](mailto:carrie.allen@socwk.utah.edu)

Students should understand that this program is an upper-division university-level program. Students are expected to prepare themselves for the expectations and academic rigor of this level of college work. It is highly recommended, though not required, that applicants have at least one to two years post secondary education. It is also highly recommended that students without higher education experience take a college/university course prior to applying to the program, and become familiar with University life, rules, regulations, and processes.

This brochure is neither a contract nor an offer of a contract. The information it contains was accurate at the time of printing. Fees, deadlines, program requirements, faculty and other matters in this brochure may change without notice. Courses are offered only once, in the semester indicated, each academic year. For current information visit our website at [www.socwk.utah.edu/pace](http://www.socwk.utah.edu/pace).

A history of alcohol and/or substance abuse or conviction for past criminal activity or conduct will not be used as a criterion for admission into the Alcohol & Drug Abuse Treatment Training Certificate Program; however, students are advised that past or future substance abuse, or criminal activity, may limit or prevent them from securing an internship, which is required for completion of the program. In addition, the student may be ineligible to receive a state license to practice, or obtain employment in the field. For more information, contact the Division of Occupational and Professional Licensing.

## FALL SEMESTER

**SW5703/6803 – Alcohol & Drug Abuse: Introductory Neurochemistry & Pharmacology (2 CR).** Students will learn basic neurochemistry of the processes of addiction. This will be followed by an overview of the pharmacology of psychoactive drugs. A review of classes of psychotropic medications and pain medications will be provided.

**SW5704/6804 – Alcohol & Drug Abuse: Dynamics of Addiction (2 CR).** This course will provide students an opportunity to look at the dynamics of substance abuse as they impact on and are impacted by intrapsychic development, family relationships, treatment and prevention programs, and federal policy makers, across the lifespan.

**SW5705/6805 – Alcohol & Drug Abuse: Applied Skills & Professional Ethics (2 CR).** This hands-on, experiential course gives students basic knowledge and an overview of the addictions field, placing a strong emphasis on the ethical standards that guide practice.

**SW708 – Alcohol & Drug Abuse: Addiction Severity Index (N/C).** This two-day, Saturday workshop is designed to train students in the use of the nationally recognized and state mandated assessment tools for addictions. The Addictions Severity Index is administered in all state-funded substance abuse treatment programs. Students are also introduced to the ASAM level-of-care placement criteria, linking placement decisions to ASI data and eventual treatment planning.

## SPRING SEMESTER

**SW5701/6991 – Alcohol & Drug Abuse: Individual Counseling (2 CR).** Students will be introduced to individual counseling strategies, such as counseling and interviewing methods, values and ethics, effective intervention techniques, developing psychosocial substance abuse assessments, and the overall process and strategy of individual counseling.

**SW5707/6997 – Alcohol & Drug Abuse: Group Approaches (2 CR).** Students will be introduced to basic group counseling strategies and provided with the knowledge and skills to effectively lead a group counseling session for individuals with substance abuse issues, including instruction in the efficacy of group counseling, facilitation skills, the therapeutic processes, and outcome research on group processes.

**SW5712/6812 – Alcohol & Drug Abuse: Functions and Recovery I (2 CR).** This course provides students with the key concepts and proficiency skills necessary to serve as substance abuse counselors in their practicum placements and in the field upon graduation. These include the twelve core functions of substance abuse counseling, and a thorough understanding of prevention strategies.

**SW5709/6809 – Alcohol & Drug Abuse: Field Training I (3 CR).** Students are provided supervised field experience with alcohol/drug cases in a community substance abuse services agency. Students will be required to apply the key concepts of this course series and will demonstrate an understanding and proficient level of skill in the twelve core functions of substance abuse counseling. Students are required to complete the first 100 field hours of their practicum requirement.

**SW708 – Alcohol & Drug Abuse: Self Awareness Lab (N/C).** This two-day, Saturday workshop is designed to enhance self-awareness, as well as group dynamics and process skills. This experiential workshop is an adjunct to understanding theoretical principles of treatment, learned in the core curriculum.

## SUMMER SEMESTER

**SW5702/6802 – Alcohol & Drug Abuse: Professional Development (3 CR).** This course is designed to help students begin the career-long task of ongoing professional development. Students will work to build their level of skill in areas such as professional communication, network building, multidisciplinary team membership, documentation/writing, and research. Students will be given the opportunity to practice solution-oriented approaches to working as professionals in the field of substance abuse counseling with an ongoing emphasis on ethical decision making. Understanding personal biases, appropriate use of disclosure, maintaining professional boundaries, and self care will be emphasized.

**SW5713/6813 – Alcohol & Drug Abuse: Functions and Recovery II (2 CR).** This course provides students with the key concepts and proficiency skills necessary to serve as substance abuse counselors in their practicum placements and in the field upon graduation. These include the twelve core functions of substance abuse counseling, and a thorough understanding of prevention strategies.

**SW5706/6806 – Alcohol & Drug Abuse: Field Training II (3 CR).** This course is designed to provide supervised field experience with alcohol/drug cases in a community substance abuse services agency. Students will be required to apply the key concepts of this course series and will demonstrate an understanding and proficient level of skill in the twelve core functions of substance abuse counseling. Students are required to complete the remaining 200 field hours of their practicum requirement.

If the student requires a transcript of course letter grades for reimbursement, he/she must be admitted to the University of Utah and enroll in classes at the credit level.

Students with a bachelor's degree must register for the 6000-level credit course numbers or their corresponding non-credit numbers. Students without a bachelor's degree or working toward a bachelor's degree must register for the 5000-level credit course numbers or their corresponding non-credit numbers. All students must register for the Addiction Severity Index and Self Awareness Labs, which are offered only on a non-credit basis.

Students who are non-matriculated (have not been formally admitted to work toward a University of Utah degree) and wish to register for courses on a credit basis, must submit an Application for Permission to Register as a Non-Matriculated Student and pay a corresponding processing fee to the University's Admissions Office. The application deadline is May 1 of the year for which the applicant wishes to be admitted. In order to qualify for this option, students must be out of high school for seven or more years or have received a bachelor's degree from a regionally accredited university or college. If students do not meet these criteria, they will be required to register for courses on a NON-CREDIT basis.

Tuition and fees, for those seeking 5000-level credit, are consistent with standard University of Utah tuition schedules. Students taking 6000-level credit will pay according to the Graduate Social Work tuition schedule. These rates can be found on the University web page at [www.utah.edu/students](http://www.utah.edu/students).

Students completing the training program on a "non-credit basis" will pay between \$275-375 for each course taken (this amount does not include special fees, course textbooks or materials). Although non-credit students do not receive official university grades or credit hours on an official University of Utah transcript, they are required to complete each class with C- or better coursework.

Educational requirements toward licensure can be taken either for credit or non-credit. Taking classes on a non-credit basis greatly reduces the cost of the program. To receive an official record of the University Certificate, students must be matriculated undergraduate students and courses must be taken for credit.

## APPLICATION INFORMATION

Deadline for applications: May 1 of each year

Early application is strongly encouraged. Applications received after May 1 will not be considered, except as determined by the director. Application materials can be obtained from the College of Social Work website ([www.socwk.utah.edu/pace](http://www.socwk.utah.edu/pace)), or from the Program office. The application must be submitted to:

University of Utah College of Social Work  
395 South 1500 East, Room 224  
Salt Lake City, UT 84112-0260

There is a non-refundable \$35 application fee for consideration of admission to the program. The University has additional fees if applying for matriculated or non-matriculated status. Late fees may apply if the applicant misses University deadlines.

Application must include:

- Completed, signed application
- Two letters of professional or academic recommendation on specific forms available on the website
- Personal statement
- Recent, official transcripts or GED verification
- \$35 application fee (Credit card, check, money order, or cash only. Please make checks payable to the “College of Social Work.” Cash accepted in-person only – do not mail.)